


# November 2017

## DANA LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HAMBURGER CHILI BURGER HOT DOG CHILI DOG BBQ PORK SANDWICH PB&J, W 	2 LASAGNA PIZZA SLICE* PITA & HUMMUS*	3 BBQ CHICKEN SANDWICH PEPPERBELLIES CHEESEBURGER TWINS PB&J SANDWICH*
6 POPCORN CHICKEN CHICKEN PARMESAN SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	7 BONELESS WINGS SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	8 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	9 TACO PIZZA SLICE* PITA & HUMMUS* WINTER SQUASH TASTING	10 VETERAN'S DAY
13 POPCORN CHICKEN MEATBALL SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	14 BONELESS WINGS SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	15 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	16 LASAGNA PIZZA SLICE* PITA & HUMMUS*	17 BBQ CHICKEN SANDWICH CHEESEBURGER TWINS PB&J SANDWICH*
20 THANKSGIVING HOLIDAY	21 THANKSGIVING HOLIDAY	22 THANKSGIVING HOLIDAY	23 THANKSGIVING DAY	24 THANKSGIVING HOLIDAY
27 POPCORN CHICKEN MEATBALL SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	28 BONELESS WINGS SPAGHETTI CAESAR SALAD PANINI & HUMMUS*	29 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	30 COLLABORATION DAY SACK LUNCH	



**Harvest  
of the  
Month**

Network for a Healthy California

**OFFERED DAILY:**

1% LOWFAT MILK  
 NONFAT CHOC. MILK  
 FRESH FRUITS  
 AND VEGETABLES

Choose at least 3  
 components  
 (meat, grain, milk, fruit  
 or vegetable)

1 must be a fruit or  
 vegetable

All meals are low sodium  
 and all grains are whole  
 grains!