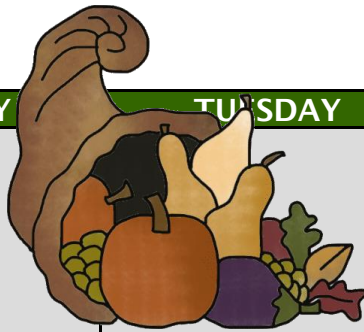


November 2017

HUGO REID LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	2 POPCORN CHICKEN CORN DOG CHEESE QUESADILLA* PB&J SANDWICH*	3 PEPPERBELLIES CHEESE BREAD* TURKEY & HAM SANDWCH
6 CHICKEN GIGGLES CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	7 BAKED PASTA ORANGE CHICKEN & RICE PASTRAMI SANDWICH	8 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	9 MINIMUM DAY SACK LUNCH	10 VETERAN'S DAY
13 CHICKEN GIGGLES CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	14 SPAGHETTI TACOS ORANGE CHICKEN & RICE PASTRAMI SANDWICH	15 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS* WINTER SQUASH TASTING	16 POPCORN CHICKEN CORN DOG CHEESE QUESADILLA* PB&J SANDWICH*	17 BAKED CHICKEN WITH MASHED POTATOES & GRAVY CHEESE BREAD* TURKEY & HAM SANDWCH COOKIE
20 THANKSGIVING HOLIDAY	21 THANKSGIVING HOLIDAY	22 THANKSGIVING HOLIDAY	23 THANKSGIVING DAY	24 THANKSGIVING HOLIDAY
27 CHICKEN GIGGLES CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	28 SPAGHETTI TACOS ORANGE CHICKEN & RICE PASTRAMI SANDWICH	29 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	30 COLLABORATION DAY SACK LUNCH	



Harvest
of the
Month

Network for a Healthy California

OFFERED DAILY:

1% LOWFAT MILK
NONFAT CHOC. MILK
FRESH FRUITS
AND VEGETABLES

Choose at least 3
components
(meat, grain, milk, fruit
or vegetable)

1 must be a fruit or
vegetable

All meals are low sodium
and all grains are whole
grains!