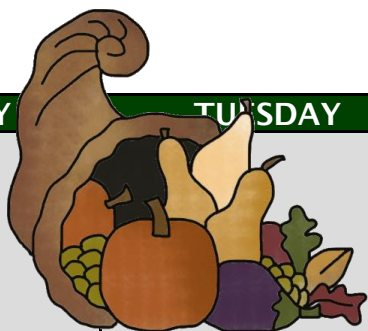


# November 2017

## FOOTHILLS BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 EGG CROISSANT COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	2 BREAKFAST PIZZA BAGEL & CREAM CHEESE CONCHA YOGURT PARFAIT* POWERED SUGAR DONUT*	3 BREAKFAST BOWL COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
6 HAM & CHEESE WRAP COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	7 BREAKFAST BURRITO BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* POWDERED SUGAR DONUT*	8 EGG CROISSANT COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	9 BREAKFAST PIZZA BAGEL & CREAM CHEESE CONCHA YOGURT PARFAIT* POWERED SUGAR DONUT*	10 VETERAN'S DAY
13 HAM & CHEESE WRAP COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	14 BREAKFAST BURRITO BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* POWDERED SUGAR DONUT*	15 EGG CROISSANT COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	16 BREAKFAST PIZZA BAGEL & CREAM CHEESE CONCHA YOGURT PARFAIT* POWERED SUGAR DONUT*	17 BREAKFAST BOWL COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
20 THANKSGIVING HOLIDAY	21 THANKSGIVING HOLIDAY	22 THANKSGIVING HOLIDAY	23 THANKSGIVING DAY	24 THANKSGIVING HOLIDAY
27 HAM & CHEESE WRAP COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	28 BREAKFAST BURRITO BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* POWDERED SUGAR DONUT*	29 EGG CROISSANT COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	30 COLLABORATION DAY BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* POWDERED SUGAR DONUT*	



Harvest  
of the  
Month

Network for a Healthy California

### OFFERED DAILY:

1% LOWFAT MILK  
NONFAT CHOC. MILK  
APPLE JUICE  
ORANGE JUICE  
FRESH FRUIT

You must choose at  
least 3 items  
(meat, grain, fruit, juice,  
milk)

1 must be a fruit

All meals are low sodium  
and all grains are whole  
grains!