

November 2017

FIRST AVENUE LUNCH MENU



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| | | 1 BONELESS WINGS CRISPY CHICKEN SANDWICH TUNA SANDWICH PB&J SANDWICH* | 2 HAMBURGER CHILI BURGER INDIVIDUAL PIZZA HOT DOG PANINI & HUMMUS* | 3 BAKED CHICKEN & MASHED POTATOES PIZZA SLICE* PB&J SANDWICH* |
| 6 CHEESEBURGER TWINS MEATBALL SANDWICH CHEF SALAD PB&J SANDWICH* | 7 CALZONE TACO CHEESE RAVIOLI* SPAGHETTI PANINI & HUMMUS* | 8 BONELESS WINGS FISH SANDWICH TURKEY SANDWICH PB&J SANDWICH* | 9 HAMBURGER INDIVIDUAL PIZZA HOT DOG PANINI & HUMMUS* | 10 VETERAN'S DAY |
| 13 CORN DOG PASTRAMI SANDWICH SHREDDED BEEF BURRITO BEAN & CHEESE BURRITO* PB&J SANDWICH* | 14 CHEESE RAVIOLI* CALZONE BBQ PORK SANDWICH BAKED PASTA PANINI & HUMMUS* | 15 BONELESS WINGS CRISPY CHICKEN SANDWICH TUNA SANDWICH PB&J SANDWICH* | 16 HAMBURGER INDIVIDUAL PIZZA HOT DOG PANINI & HUMMUS* | 17 BAKED CHICKEN & MASHED POTATOES PIZZA SLICE* PB&J SANDWICH* |
| 20 THANKSGIVING HOLIDAY | 21 THANKSGIVING HOLIDAY | 22 THANKSGIVING HOLIDAY | 23 THANKSGIVING DAY | 24 THANKSGIVING HOLIDAY |
| 27 CORN DOG PASTRAMI SANDWICH SHREDDED BEEF BURRITO BEAN & CHEESE BURRITO* PB&J SANDWICH | 28 CHEESE RAVIOLI* CALZONE BBQ PORK SANDWICH SPAGHETTI PANINI & HUMMUS* WINTER SQUASH TASTING | 29 BONELESS WINGS CRISPY CHICKEN SANDWICH TUNA SANDWICH PB&J SANDWICH* | 30 COLLABORATION DAY SACK LUNCH | |



Harvest of the Month

Network for a Healthy California

OFFERED DAILY:

- 1% LOWFAT MILK
- NONFAT CHOC. MILK
- FRESH FRUITS & VEGETABLES

Choose at least 3 components (meat, grain, milk, fruit or vegetable)

1 must be a fruit or vegetable

All meals are low sodium and all grains are whole grains!