

November 2017

DANA BREAKFAST MENU



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1 FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*		2 EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*		3 PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*	
6 BREAKFAST BURRITO POPTARTS* MUFFINS*	7 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	8 FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*		9 EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*		10 VETERAN'S DAY			
13 BREAKFAST BURRITO POPTARTS* MUFFINS*	14 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	15 FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*		16 EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*		17 PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*			
20 THANKSGIVING HOLIDAY	21 THANKSGIVING HOLIDAY	22 THANKSGIVING HOLIDAY		23 THANKSGIVING DAY		24 THANKSGIVING HOLIDAY			
27 BREAKFAST BURRITO POPTARTS* MUFFINS*	28 BREAKFAST PIZZA BAGEL & CREAM CHEESE CEREALS*	29 FRENCH TOAST & SAUSAGE YOGURT PARFAIT* MUFFINS* POPTARTS*		30 COLLABORATION DAY EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*					



OFFERED DAILY:

- 1% LOWFAT MILK
- NONFAT CHOC. MILK
- APPLE JUICE
- ORANGE JUICE
- FRESH FRUIT

You must choose at least 3 items (meat, grain, fruit, juice, or milk)

1 must be a fruit

All meals are low sodium and all grains are whole grains!