
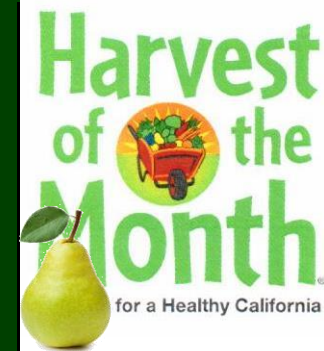




October 2017

FOOTHILLS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 PIZZA SLICE* RAVIOLI GRILLED CHICKEN SALAD PB&J SANDWICH*	3 BEEF TACO BBQ PORK SANDWICH BBQ CHICKEN & BAKED BEANS CHICKEN CAESAR SALAD PANINI & HUMMUS*	4 BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	5 BAHN MI SANDWICH HAMBURGER CHEESEBURGER PITA & HUMMUS*	6 STAFF DEVELOPMENT DAY
9 PIZZA SLICE* LASAGNA GRILLED CHICKEN SALAD PB&J SANDWICH*	10 BEEF TACO CHICKEN PARMESAN SANDWICH SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS* PEAR TASTING	11 BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	12 HOT DOG HAMBURGER  CHEESEBURGER PITA & HUMMUS*	13 MINIMUM DAY SACK LUNCH
16 PIZZA SLICE* RAVIOLI GRILLED CHICKEN SALAD PB&J SANDWICH*	17 BEEF TACO BBQ PORK SANDWICH BAKED PASTA CHICKEN CAESAR SALAD PANINI & HUMMUS*	18 BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	19 BAHN MI SANDWICH HAMBURGER CHEESEBURGER PITA & HUMMUS*	20 TERIYAKI CHICKEN & RICE CHILI CHEESE WEDGES BEAN & CHEESE BURRITO* PB&J SANDWICH*
23 PIZZA SLICE* LASAGNA GRILLED CHICKEN SALAD PB&J SANDWICH*	24 BEEF TACO CHICKEN PARMESAN SANDWICH SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	25 BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	26 COLLABORATION DAY SACK LUNCH	27 BBQ DRUMSTICKS FISH SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*
30 PIZZA SLICE* RAVIOLI GRILLED CHICKEN SALAD PB&J SANDWICH*	31 BEEF TACO BBQ PORK SANDWICH MACARONI & CHEESE* CHICKEN CAESAR SALAD PANINI & HUMMUS*			



OFFERED DAILY:

1% LOWFAT MILK
NONFAT CHOC. MILK
FRESH FRUITS
AND VEGETABLES

Choose at least 3
components
(meat, grain, milk, fruit
or vegetable)

1 must be a fruit or
vegetable

All meals are low sodium
and all grains are whole
grains!