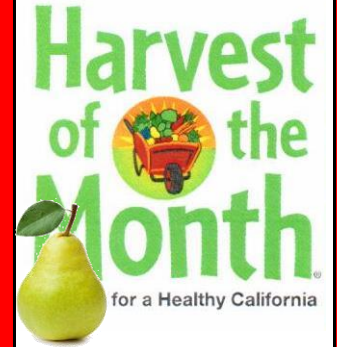




October 2017

DANA LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 POPCORN CHICKEN MEATBALL SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	3 BONELESS WINGS BBQ CHICKEN & BAKED BEANS CHICKEN CAESAR SALAD PANINI & HUMMUS*	4 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH* 	5 LASAGNA PIZZA SLICE* PITA & HUMMUS*	6 STAFF DEVELOPMENT DAY
9 POPCORN CHICKEN CHICKEN PARMESAN SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	10 BONELESS WINGS SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	11 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	12 TACO PIZZA SLICE* PITA & HUMMUS*  PEAR TASTING	13 MINIMUM DAY SACK LUNCH
16 POPCORN CHICKEN MEATBALL SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	17 BONELESS WINGS BAKED PASTA CHICKEN CAESAR SALAD PANINI & HUMMUS*	18 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	19 LASAGNA PIZZA SLICE* PITA & HUMMUS*	20 BBQ DRUMSTICK WITH MASHED POTATOES PEPPERBELLIES CHILI CHEESE WEDGES* SPICY CHICKEN SANDWICH PB&J SANDWICH*
23 POPCORN CHICKEN CHICKEN PARMESAN SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	24 BONELESS WINGS SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	25 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	26 COLLABORATION DAY SACK LUNCH	27 BBQ DRUMSTICK WITH MASHED POTATOES CHILI CHEESE WEDGES* SPICY CHICKEN SANDWICH PB&J SANDWICH*
30 POPCORN CHICKEN MEATBALL SANDWICH BEAN & CHEESE BURRITO PB&J SANDWICH*	31 BONELESS WINGS MACARONI & CHEESE CAESAR SALAD PANINI & HUMMUS*			



OFFERED DAILY:

1% LOWFAT MILK
NONFAT CHOC. MILK
FRESH FRUITS
AND VEGETABLES

Choose at least 3
components
(meat, grain, milk, fruit
or vegetable)

1 must be a fruit or
vegetable

All meals are low sodium
and all grains are whole
grains!