

Arcadia High School Cafe

Breakfast

Includes choice of milk, juice, or fresh fruit

Hot foods

Egg & Sausage Muffin

Breakfast Burrito

French Toast & Sausage

Yogurt Parfait

Cold foods

Muffins & Coffee Cake

Bagel & Cream Cheese

Cereals

Poptarts

Yogurt Parfait



\$2.50

All lunches include choice of:
Salad Bar
1% Low-fat or Non-fat Chocolate Milk

Salads

Asian

*Chicken, Romaine, Mandarin Oranges
with Sesame Ginger Dressing, Roll*

Chicken Caesar

*Chicken, Romaine, Parmesan Cheese
With Caesar dressing, Roll*

Chef's

*Romaine, Egg, Olives, Cheese and Croutons
with Ranch dressing, Roll*



Vegetarian

Hummus & Veggies

Chef's Salad

Vegan Salad

Peanut Butter and Jelly Sandwich

Bean, Cheese and Rice Burrito

Bean and Rice Burrito

Lunch

Hot foods

Burritos

Includes rice, beans, cheese, Pico de Gallo

Ground Beef

Chicken

Carnitas

Combo

Chicken

Chicken Nuggets



Grilled Hamburgers, Hot Dogs &

Grilled Cheese

Includes condiment bar

Pizza

Pepperoni

Vegetarian



Asian Bowls

Includes Rice and Chow Mein

Chicken Fried Rice

Teriyaki Chicken

Orange Chicken

You must take at least 3 components
For a complete meal
(meat, grain, fruit, vegetable, milk)
1 must be a fruit or vegetable

Specials

Monday—Rotini with Meat Sauce

Tuesday—Fish Sticks & Wedges,
Breaded Drumsticks,
Pastrami Sandwich with fries

Wednesday—Crispy Chicken Sandwich & Fries
Lasagna

Thursday—Pastrami Sandwich with fries,
BBQ Chicken and Wedges
Pulled Pork Sandwich

Friday—BBQ Chicken Pizza,
Sriracha Chicken

Sandwiches

Turkey

*Sliced Roasted Turkey, American Cheese, Lettuce
on a 6" Roll*

Roast Beef

Sliced Roast Beef, Lettuce, on a 6" Roll

Tuna

Tuna salad, Lettuce on a 6" Roll

\$5.00