


September 2017

FIRST AVENUE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 ORANGE CHICKEN & NOODLES PIZZA SLICE* PB&J SANDWICH*
4 LABOR DAY	5 CHEESE RAVIOLI* CALZONE BBQ PORK SANDWICH SPAGHETTI PANINI & HUMMUS*	6 BONELESS WINGS CRISPY CHICKEN SANDWICH TUNA SANDWICH PB&J SANDWICH*	7 HAMBURGER HOT DOG INDIVIDUAL PIZZA LAYERED BEAN DIP* 	8 BAKED CHICKEN & MASHED POTATOES PIZZA SLICE* PB&J SANDWICH*
11 CHEESEBURGER TWINS MEATBALL SANDWICH CHEF SALAD PB&J SANDWICH*	12 CALZONE TACO CHEESE RAVIOLI* SPAGHETTI PANINI & HUMMUS*	13 BONELESS WINGS CRISPY CHICKEN SANDWICH TURKEY SANDWICH PB&J SANDWICH*	14 HAMBURGER INDIVIDUAL PIZZA HOT DOG LAYERED BEAN DIP*	15 ORANGE CHICKEN & NOODLES PIZZA SLICE* PB&J SANDWICH*
18 CORN DOG PASTRAMI SANDWICH SHREDDED BEEF BURRITO BEAN & CHEESE BURRITO* PB&J SANDWICH*	19 CHEESE RAVIOLI* CALZONE BBQ PORK SANDWICH SPAGHETTI PANINI & HUMMUS*	20 BONELESS WINGS CRISPY CHICKEN SANDWICH TUNA SANDWICH PB&J SANDWICH*	21 MINIMUM DAY SACK LUNCH	22 BAKED CHICKEN & MASHED POTATOES PIZZA SLICE* PB&J SANDWICH*
25 CHEESEBURGER TWINS MEATBALL SANDWICH CHEF SALAD PB&J SANDWICH*	26 CALZONE TACO CHEESE RAVIOLI* SPAGHETTI PANINI & HUMMUS*  KIWI TASTING	27 BONELESS WINGS TURKEY SANDWICH FISH SANDWICH PB&J SANDWICH*	28 HAMBURGER INDIVIDUAL PIZZA HOT DOG LAYERED BEAN DIP*	29 ORANGE CHICKEN & NOODLES PIZZA SLICE PB&J SANDWICH*

Harvest of the Month

Network for a Healthy California



OFFERED DAILY:

1% LOWFAT MILK
NONFAT CHOC. MILK
FRESH FRUITS
& VEGETABLES

Choose at least 3
components
(meat, grain, milk, fruit
or vegetable)

1 must be a fruit or
vegetable

All meals are low sodium
and all grains are whole
grains!

*Vegetarian Meal