

# Arcadia High School Cafe

## Breakfast

Includes choice of milk, juice, or fresh fruit

### Hot foods

Egg & Sausage Muffin

Breakfast Burrito

French Toast & Sausage

Yogurt Parfait

### Cold foods

Muffins & Coffee Cake

Bagel & Cream Cheese

Cereals

Poptarts

Yogurt Parfait

**\$2.50**



All lunches include choice of:  
Salad Bar  
1% Low-fat or Non-fat Chocolate Milk

## Salads

### Asian

Chicken, Romaine, Mandarin Oranges  
with Sesame Ginger Dressing, Roll

### Chicken Caesar

Chicken, Romaine, Parmesan Cheese  
With Caesar dressing, Roll

### Chef's

Romaine, Egg, Olives, Cheese and Croutons  
with Ranch dressing, Roll



## Vegetarian

### Hummus & Veggies

### Chef's Salad

### Vegan Salad

Peanut Butter and Jelly Sandwich

Bean, Cheese and Rice Burrito

Bean and Rice Burrito

## Lunch

### Hot foods

#### Burritos

Includes rice, beans, cheese, Pico de Gallo

Ground Beef

Chicken

Carnitas

Combo

#### Chicken

Chicken Nuggets



#### Grilled Hamburgers, Hot Dogs &

#### Grilled Cheese

Includes condiment bar

#### Pizza

Pepperoni

Vegetarian



#### Asian Bowls

Includes Rice and Chow Mein

Chicken Fried Rice

Teriyaki Chicken

Orange Chicken

You must take at least 3 components  
For a complete meal  
(meat, grain, fruit, vegetable, milk)  
1 must be a fruit or vegetable

## Specials

**Monday**—Rotini with Meat Sauce

**Tuesday**—Fish Sticks & Wedges,  
Breaded Drumsticks,

Pastrami Sandwich with fries

**Wednesday**—Crispy Chicken Sandwich & Fries  
Lasagna

**Thursday**—Pastrami Sandwich with fries,  
BBQ Chicken and Wedges  
Pulled Pork Sandwich

**Friday**—BBQ Chicken Pizza,  
Sriracha Chicken

## Sandwiches

### Turkey

Sliced Roasted Turkey, American Cheese, Lettuce  
on a 6" Roll

### Roast Beef

Sliced Roast Beef, Lettuce, on a 6" Roll

### Tuna

Tuna salad, Lettuce on a 6" Roll

**\$5.00**