

May 2017

LONGLEY WAY BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 PANCAKES & SAUSAGE ASSORTED CEREALS*	2 FRENCH TOAST STICKS BAGEL WITH CREAM CHEESE*	3 BREAKFAST BURRITO CHOCOLATE MUFFIN*	4 YOGURT PARFAIT* BREAKFAST PIZZA	5 CHOCOLATE MUFFIN* ASSORTED CEREALS*
8 PANCAKES & SAUSAGE ASSORTED CEREALS*	9 FRENCH TOAST STICKS MINI BAGELS*	10 BREAKFAST BURRITO CHOCOLATE MUFFIN*	11 YOGURT PARFAIT* BREAKFAST PIZZA	12 CHOCOLATE MUFFIN* ASSORTED CEREALS*
15 PANCAKES & SAUSAGE ASSORTED CEREALS*	16 FRENCH TOAST STICKS BAGEL WITH CREAM CHEESE*	17 BREAKFAST BURRITO CHOCOLATE MUFFIN*	18 YOGURT PARFAIT* BREAKFAST PIZZA	19 CHOCOLATE MUFFIN* ASSORTED CEREALS*
22 PANCAKES & SAUSAGE ASSORTED CEREALS*	23 FRENCH TOAST STICKS MINI BAGELS*	24 BREAKFAST BURRITO CHOCOLATE MUFFIN*	25 YOGURT PARFAIT* BREAKFAST PIZZA	26 MINIMUM DAY CHOCOLATE MUFFIN* ASSORTED CEREALS*
29 MEMORIAL DAY	30 FRENCH TOAST STICKS BAGEL WITH CREAM CHEESE*	31 BREAKFAST BURRITO CHOCOLATE MUFFIN*	<i>All meals are low sodium and all grains are whole grain!</i>	OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Apple and Orange Juice Fresh Fruit Take at least 3 items 1 must be a fruit

Harvest of the Month
Network for a Healthy California

