


May 2017

HIGHLAND OAKS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN NUGGETS CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	2 SPAGHETTI TACOS ORANGE CHICKEN & RICE TUNA SANDWICH	3 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	4 POPCORN CHICKEN CORN DOG GRILLED CHEESE SANDWICH* PB&J SANDWICH*	5  CHICKEN FAJITA WITH MEXICAN RICE CHEESE BREAD TURKEY & HAM SANDWCH FIESTA COOKIE
8 CHICKEN NUGGETS CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	9 MACARONI & CHEESE* ORANGE CHICKEN & RICE TUNA SANDWICH	10 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	11 POPCORN CHICKEN CORN DOG GRILLED CHEESE SANDWICH* PB&J SANDWICH*	12 CHICKEN BURGER CHEESE BREAD TURKEY & HAM SANDWCH
15 CHICKEN NUGGETS CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	16 SPAGHETTI TACOS ORANGE CHICKEN & RICE TUNA SANDWICH	17 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	18 POPCORN CHICKEN CORN DOG GRILLED CHEESE SANDWICH* PB&J SANDWICH*	19 PEPPERBELLIES CHEESE BREAD TURKEY & HAM SANDWCH
22 CHICKEN NUGGETS CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	23 BAKED PASTA ORANGE CHICKEN & RICE TUNA SANDWICH	24 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	25 POPCORN CHICKEN CORN DOG GRILLED CHEESE SANDWICH* PB&J SANDWICH*	26 MINIMUM DAY TURKEY AND HAM SACK LUNCH
29 MEMORIAL DAY	30 MACARONI & CHEESE* ORANGE CHICKEN & RICE TUNA SANDWICH	31 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	<i>All meals are low sodium and all grains are whole grain!</i>	OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Fresh Fruit & Veggies Take at least 3 items 1 must be a fruit or veggie

Harvest of the Month

Network for a Healthy California

