

May 2017

HIGHLAND OAKS BREAKFAST MENU

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--------|---|---------|---|-----------|--|---|------------------------------------|---|--|
| 1 | PANCAKES & SAUSAGE ASSORTED CEREALS* | 2 | FRENCH TOAST STICKS BAGEL WITH CREAM CHEESE* | 3 | BREAKFAST BURRITO CHOCOLATE MUFFIN* | 4 | YOGURT PARFAIT* BREAKFAST PIZZA | 5 | CHOCOLATE MUFFIN* ASSORTED CEREALS* |
| 8 | PANCAKES & SAUSAGE ASSORTED CEREALS* | 9 | FRENCH TOAST STICKS MINI BAGELS* | 10 | BREAKFAST BURRITO CHOCOLATE MUFFIN* | 11 | YOGURT PARFAIT* BREAKFAST PIZZA | 12 | CHOCOLATE MUFFIN* ASSORTED CEREALS* |
| 15 | PANCAKES & SAUSAGE ASSORTED CEREALS* | 16 | FRENCH TOAST STICKS BAGEL WITH CREAM CHEESE* | 17 | BREAKFAST BURRITO CHOCOLATE MUFFIN* | 18 | YOGURT PARFAIT* BREAKFAST PIZZA | 19 | CHOCOLATE MUFFIN* ASSORTED CEREALS* |
| 22 | PANCAKES & SAUSAGE ASSORTED CEREALS* | 23 | FRENCH TOAST STICKS MINI BAGELS* | 24 | BREAKFAST BURRITO CHOCOLATE MUFFIN* | 25 | YOGURT PARFAIT* BREAKFAST PIZZA | 26 | MINIMUM DAY CHOCOLATE MUFFIN* ASSORTED CEREALS* |
| 29 | MEMORIAL DAY | 30 | FRENCH TOAST STICKS BAGEL WITH CREAM CHEESE* | 31 | BREAKFAST BURRITO CHOCOLATE MUFFIN* | <i>All meals are low sodium and all grains are whole grain!</i> | | OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Apple and Orange Juice Fresh Fruit Take at least 3 items 1 must be a fruit | |

Harvest
of the
Month
Network for a Healthy California

