

May 2017

FOOTHILLS BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 GORDITA COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	2 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* CEREALS*	3 STUFFED BREAKFAST SANDWICH COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	4 EGG & SAUSAGE MUFFIN YOGURT PARFAIT* BAGEL & CREAM CHEESE* CONCHA* CEREALS*	5 FRENCH TOAST COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
8 GORDITA COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	9 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* CEREALS*	10 STUFFED BREAKFAST SANDWICH COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	11 EGG & SAUSAGE MUFFIN YOGURT PARFAIT* BAGEL & CREAM CHEESE* CONCHA* CEREALS*	12 FRENCH TOAST COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
15 GORDITA COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	16 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* CEREALS*	17 STUFFED BREAKFAST SANDWICH COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	18 EGG & SAUSAGE MUFFIN YOGURT PARFAIT* BAGEL & CREAM CHEESE* CONCHA* CEREALS*	19 FRENCH TOAST COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
22 GORDITA COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	23 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* CEREALS*	24 STUFFED BREAKFAST SANDWICH COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	25 EGG & SAUSAGE MUFFIN YOGURT PARFAIT* BAGEL & CREAM CHEESE* CONCHA* CEREALS*	26 FRENCH TOAST COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
29 MEMORIAL DAY	30 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* CEREALS*	31 STUFFED BREAKFAST SANDWICH COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	<i>All meals are low sodium and all grains are whole grain!</i>	OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Apple and Orange Juice Fresh Fruit Take at least 3 items 1 must be a fruit

Harvest of the Month

Network for a Healthy California

