

Arcadia High School Cafe

Breakfast

Includes choice of milk, juice, or fresh fruit

Hot foods

Egg & Sausage Muffin

Breakfast Burrito

French Toast & Sausage

Oatmeal

Cold foods

Muffins & Coffee Cake

Bagel & Cream Cheese

Cereals

Poptarts

\$2.00

All lunches include choice of:
Salad Bar
1% Low-fat or Non-fat Chocolate Milk

Salads

Asian

Chicken, Romaine, Mandarin Oranges
with Sesame Ginger Dressing, Roll

Chicken Caesar

Chicken, Romaine, Parmesan Cheese
With Caesar dressing, Roll

Chef's

Chicken, Egg, Olives, Cheese and Croutons
with Ranch dressing, Roll



Vegetarian

Pita & Hummus

Vegan Salad

Peanut Butter and Jelly
Sandwich

Bean and Cheese Burrito

Lunch

Hot foods

Burritos

Includes rice, beans, cheese, Pico de Gallo

Ground Beef

Chicken

Carnitas

Combo

Chicken

Popcorn Chicken



Hamburgers & Hot Dogs

Includes condiment bar

Pizza

Cheese

Pepperoni

Vegetarian



Asian Bowls

Includes Rice and Chow Mein

Teriyaki

Orange Chicken

Soups

Won Ton Soup

Chicken Noodle

You must take at least 3 components
For a complete meal
(meat, grain, fruit, vegetable, milk)
1 must be a fruit or vegetable

Specials

Monday—Spaghetti

Tuesday—Fish Sticks

Pastrami Sandwich

Wednesday—Chicken Filet Burger

Lasagna

Thursday—Pastrami Sandwich

Friday—BBQ Chicken, pizza,

Sriracha Chicken

Sandwiches

Turkey

Sliced Roasted Turkey, American Cheese, Lettuce
on a 6" Roll

Roast Beef

Sliced Roast Beef, Lettuce, on a 6" Roll

Tuna

Tuna salad, Lettuce on a 6" Roll

Ham

Sliced Ham, Cheese, Lettuce on a 6" Roll

\$4.50