

April 2017

HIGHLAND OAKS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK	6 SPRING BREAK	7 SPRING BREAK
10 CHICKEN NUGGETS CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	11 SPAGHETTI TACOS ORANGE CHICKEN & RICE TUNA SANDWICH*	12 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS* EASTER COOKIE	13 POPCORN CHICKEN CORN DOG GRILLED CHEESE SANDWICH* PB&J SANDWICH*	14 BBQ CHICKEN & CORN CHEESE BREAD TURKEY & HAM SANDWCH
17 CHICKEN NUGGETS CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	18 MACARONI & CHEESE* ORANGE CHICKEN & RICE TUNA SANDWICH*	19 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	20 POPCORN CHICKEN CORN DOG GRILLED CHEESE SANDWICH* PB&J SANDWICH*	21 PEPPERBELLIES CHEESE BREAD TURKEY & HAM SANDWCH
24 CHICKEN NUGGETS CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	25 BAKED PASTA ORANGE CHICKEN & RICE TUNA SANDWICH*	26 PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	27 POPCORN CHICKEN CORN DOG GRILLED CHEESE SANDWICH* PB&J SANDWICH*	28 MINIMUM DAY SACK LUNCH
	<i>All meals are low sodium and all grains are whole grain!</i>		OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Fresh Fruit & Veggies Take at least 3 items 1 must be a fruit or veggie	

Harvest
of the
Month
Network for a Healthy California

