

# April 2017

## HIGHLAND OAKS BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK	6 SPRING BREAK	7 SPRING BREAK
10 PANCAKES & SAUSAGE ASSORTED CEREALS*	11 FRENCH TOAST STICKS MINI BAGELS*	12 BREAKFAST BURRITO CHOCOLATE MUFFIN*	13 YOGURT PARFAIT* BREAKFAST PIZZA	14 CHOCOLATE MUFFIN* ASSORTED CEREALS*
17 PANCAKES & SAUSAGE ASSORTED CEREALS*	18 FRENCH TOAST STICKS BAGEL WITH CREAM CHEESE*	19 BREAKFAST BURRITO CHOCOLATE MUFFIN*	20 YOGURT PARFAIT* BREAKFAST PIZZA	21 CHOCOLATE MUFFIN* ASSORTED CEREALS*
24 PANCAKES & SAUSAGE ASSORTED CEREALS*	25 FRENCH TOAST STICKS MINI BAGELS*	26 BREAKFAST BURRITO CHOCOLATE MUFFIN*	27 YOGURT PARFAIT* BREAKFAST PIZZA	28 <b>MINIMUM DAY</b> CHOCOLATE MUFFIN* ASSORTED CEREALS*
	<i>All meals are low sodium and all grains are whole grain!</i>	<b>OFFERED DAILY:</b> 1% Lowfat Milk Nonfat Chocolate Milk Apple and Orange Juice Fresh Fruit  Take at least 3 items 1 must be a fruit		

Harvest  
of the  
Month  
Network for a Healthy California

