

April 2017

FOOTHILLS BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK	6 SPRING BREAK	7 SPRING BREAK
10 GORDITA COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	11 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* CEREALS*	12 STUFFED BREAKFAST SANDWICH COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	13 EGG & SAUSAGE MUFFIN YOGURT PARFAIT* BAGEL & CREAM CHEESE* CONCHA* CEREALS*	14 FRENCH TOAST COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
17 GORDITA COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	18 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* CEREALS*	19 STUFFED BREAKFAST SANDWICH COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	20 EGG & SAUSAGE MUFFIN YOGURT PARFAIT* BAGEL & CREAM CHEESE* CONCHA* CEREALS*	21 FRENCH TOAST COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
24 GORDITA COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	25 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CONCHA* YOGURT PARFAIT* CEREALS*	26 STUFFED BREAKFAST SANDWICH COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*	27 EGG & SAUSAGE MUFFIN YOGURT PARFAIT* BAGEL & CREAM CHEESE* CONCHA* CEREALS*	28 MINIMUM DAY FRENCH TOAST COFFEE CAKE* MUFFINS* POPTARTS* CEREALS*
	<i>All meals are low sodium and all grains are whole grain!</i>	OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Apple and Orange Juice Fresh Fruit Take at least 3 items 1 must be a fruit		

Harvest
of the
Month
Network for a Healthy California

