

# April 2017

## FIRST AVENUE BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK	6 SPRING BREAK	7 SPRING BREAK
10 BREAKFAST BURRITO CONCHA* WHOLE GRAIN DONUTS* POPTARTS*	11 YOGURT PARFAIT* COFFEE CAKE* BAGEL & CREAM CHEESE CEREALS*	12 EGG & SAUSAGE MUFFIN COFFEE CAKE* MUFFINS* POPTARTS*	13 BREAKFAST BOWL PANCAKE ON A STICK BAGEL & CREAM CHEESE* CEREALS*	14 MINI FRENCH TOAST CONCHA* WHOLE GRAIN DONUTS* MUFFINS* POPTARTS*
17 BREAKFAST BURRITO CONCHA* WHOLE GRAIN DONUTS* POPTARTS*	18 YOGURT PARFAIT* COFFEE CAKE* BAGEL & CREAM CHEESE CEREALS*	19 EGG & SAUSAGE MUFFIN COFFEE CAKE* MUFFINS* POPTARTS*	20 BREAKFAST BOWL PANCAKE ON A STICK BAGEL & CREAM CHEESE* CEREALS*	21 MINI FRENCH TOAST CONCHA* WHOLE GRAIN DONUTS* MUFFINS* POPTARTS*
24 BREAKFAST BURRITO CONCHA* WHOLE GRAIN DONUTS* POPTARTS*	25 YOGURT PARFAIT* COFFEE CAKE* BAGEL & CREAM CHEESE CEREALS*	26 EGG & SAUSAGE MUFFIN COFFEE CAKE* MUFFINS* POPTARTS*	27 BREAKFAST BOWL PANCAKE ON A STICK BAGEL & CREAM CHEESE* CEREALS*	28 <b>MINIMUM DAY</b> MINI FRENCH TOAST CONCHA* WHOLE GRAIN DONUTS* MUFFINS* POPTARTS*
	<i>All meals are low sodium and all grains are whole grain!</i>	<b>OFFERED DAILY:</b> 1% Lowfat Milk Nonfat Chocolate Milk Apple and Orange Juice Fresh Fruit  Take at least 3 items 1 must be a fruit		

Harvest  
of the  
Month  
Network for a Healthy California

