



March 2017

DANA LUNCH MENU



MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

<p><i>All meals are low sodium and all grains are whole grain!</i></p>	<p>OFFERED DAILY:</p> <p>1% Lowfat Milk Nonfat Chocolate Milk Fresh Fruit & Veggies</p> <p>Take at least 3 items 1 must be a fruit or veggie</p>	<p>1 HOT DOG HAMBURGER SOUTHWEST BURGER</p>  <p>PB&J SANDWICH* GRILLED CHEESE SANDWICH</p>	<p>2 MINIMUM DAY SACK LUNCH</p>	<p>3 BAKED CHICKEN WITH MASHED POTATOES CHILI POTATOES SPICY CHICKEN SANDWICH PB&J SANDWICH*</p>
<p>6 CHICKEN STRIPS SHREDDED BEEF BURRITO MEATBALL SANDWICH PB&J SANDWICH*</p>	<p>7 BONELESS WINGS BAKED PASTA FRENCH BREAD PIZZA PITA & HUMMUS*</p>	<p>8 HOT DOG HAMBURGER CORN DOG CHICKEN CAESAR SALAD PB&J SANDWICH*</p>	<p>9 LASAGNA PIZZA SLICE CHICKEN CAESAR SALAD PITA & HUMMUS*</p>	<p>10 TERIYAKI CHICKEN & RICE CHEESEBURGER TWINS SPICY CHICKEN SANDWICH PB&J SANDWICH*</p>
<p>13 CHICKEN STRIPS SHREDDED BEEF BURRITO BBQ PORK SANDWICH PB&J SANDWICH*</p>	<p>14 BONELESS WINGS SPAGHETTI FRENCH BREAD PIZZA PITA & HUMMUS*</p>	<p>15 HOT DOG HAMBURGER CORN DOG CHICKEN CAESAR SALAD PB&J SANDWICH*</p>	<p>16 CHICKEN PARMESAN SANDWICH PIZZA SLICE PITA & HUMMUS*</p>	<p>17 MINIMUM DAY SACK LUNCH</p>
<p>20 HOLIDAY</p>	<p>21 BONELESS WINGS SPAGHETTI FRENCH BREAD PIZZA PITA & HUMMUS*</p>  <p>ASPARAGUS TASTING</p> <p><small>Asparagus is King of the World</small></p>	<p>22 HOT DOG HAMBURGER CORN DOG CHICKEN CAESAR SALAD PB&J SANDWICH*</p>	<p>23 MINIMUM DAY SACK LUNCH</p>	<p>24 TERIYAKI CHICKEN & RICE CHEESEBURGER TWINS SPICY CHICKEN SANDWICH PB&J SANDWICH*</p>
<p>27 CHICKEN STRIPS SHREDDED BEEF BURRITO BBQ PORK SANDWICH PB&J SANDWICH*</p>	<p>28 BONELESS WINGS SPAGHETTI FRENCH BREAD PIZZA PITA & HUMMUS*</p>	<p>29 HAMBURGER BEEF TACO CORN DOG CHICKEN CAESAR SALAD PB&J SANDWICH*</p>	<p>30 TACO PIZZA SLICE PITA & HUMMUS*</p>	<p>31 BAKED CHICKEN WITH MASHED POTATOES CHILI POTATOES SPICY CHICKEN SANDWICH PB&J SANDWICH*</p>

Harvest of the Month



Network for a Healthy California

