



January 2017

FIRST AVENUE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WINTER BREAK	3 WINTER BREAK	4 WINTER BREAK	5 WINTER BREAK	6 WINTER BREAK
9 CORN DOG MEATBALL SANDWICH SHREDDED BEEF BURRITO PB&J SANDWICH*	10 CHEESE RAVIOLI* CALZONE BBQ PORK SANDWICH SPAGHETTI PITA & HUMMUS*	11 BONELESS WINGS TUNA SANDWICH FILET-O-FISH SANDWICH PB&J SANDWICH*	12 HOT DOG HAMBURGER INDIVIDUAL PIZZA PITA & HUMMUS*  GRAPEFRUIT TASTING	13 PEPPERBELLIES PIZZA SLICE PB&J SANDWICH*
16 MLK HOLIDAY	17 CALZONE TACO CHEESE RAVIOLI* SPAGHETTI PITA & HUMMUS*	18 HOT DOG HAMBURGER  INDIVIDUAL PIZZA PITA & HUMMUS*	19 MINIMUM DAY SACK LUNCH	20 BONELESS CHICKEN WITH MASHED POTATOES AND GRAVY PIZZA SLICE PB&J SANDWICH*
23 CORN DOG MEATBALL SANDWICH SHREDDED BEEF BURRITO PB&J SANDWICH*	24 CHEESE RAVIOLI* CALZONE BBQ PORK SANDWICH BAKED PASTA PITA & HUMMUS*	25 BONELESS WINGS TUNA SANDWICH FILET-O-FISH SANDWICH PB&J SANDWICH*	26 HOT DOG HAMBURGER INDIVIDUAL PIZZA PITA & HUMMUS*	27 BAKED CHICKEN WITH MASHED POTATOES PIZZA SLICE PB&J SANDWICH*
30 CHEESEBURGER TWINS PASTRAMI SANDWICH CHEF SALAD PB&J SANDWICH*	31 CALZONE TACO CHEESE RAVIOLI* SPAGHETTI PITA & HUMMUS*	<i>All meals are low sodium and all grains are whole grain!</i>	OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Fresh Fruit & Veggies Take at least 3 items 1 must be a fruit or veggie	

Harvest
of the
Month[™]
Network for a Healthy California



Botanical name: Citrus x paradisi

GRAPEFRUIT

