


January 2017

DANA LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WINTER BREAK	3 WINTER BREAK	4 WINTER BREAK	5 WINTER BREAK	6 WINTER BREAK
9 CHICKEN STRIPS SHREDDED BEEF BURRITO MEATBALL SANDWICH PB&J SANDWICH*	10 BONELESS WINGS SPAGHETTI FRENCH BREAD PIZZA PITA & HUMMUS*	11 HOT DOG HAMBURGER  PB&J SANDWICH* GRILLED CHEESE SANDWICH	12 LASAGNA PIZZA SLICE CHICKEN CAESAR SALAD PITA & HUMMUS*	13 PEPPERBELLIES CHEESEBURGER TWINS SPICY CHICKEN SANDWICH PB&J SANDWICH*
16 MLK HOLIDAY	17 BONELESS WINGS SPAGHETTI FRENCH BREAD PIZZA PITA & HUMMUS*	18 HOT DOG HAMBURGER CORN DOG PB&J SANDWICH*	19 MINIMUM DAY SACK LUNCH	20 BONELESS CHICKEN WITH MASHED POTATOES AND GRAVY CHILI POTATOES SPICY CHICKEN SANDWICH PB&J SANDWICH*
23 CHICKEN STRIPS SHREDDED BEEF BURRITO MEATBALL SANDWICH PB&J SANDWICH*	24 BONELESS WINGS BAKED PASTA FRENCH BREAD PIZZA PITA & HUMMUS*  GRAPEFRUIT TASTING	25 HOT DOG HAMBURGER CORN DOG PB&J SANDWICH*	26 LASAGNA PIZZA SLICE CHICKEN CAESAR SALAD PITA & HUMMUS*	27 TERIYAKI CHICKEN & RICE CHEESEBURGER TWINS SPICY CHICKEN SANDWICH PB&J SANDWICH*
30 CHICKEN STRIPS SHREDDED BEEF BURRITO BBQ PORK SANDWICH PB&J SANDWICH*	31 BONELESS WINGS SPAGHETTI FRENCH BREAD PIZZA PITA & HUMMUS*	<i>All meals are low sodium and all grains are whole grain!</i>	OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Fresh Fruit & Veggies Take at least 3 items 1 must be a fruit or veggie	

Harvest
of the
Month[™]
Network for a Healthy California



Botanical name: Citrus x paradisi

GRAPEFRUIT

