

January 2017

DANA BREAKFAST MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| 2 WINTER BREAK | 3 WINTER BREAK | 4 WINTER BREAK | 5 WINTER BREAK | 6 WINTER BREAK |
| 9 BREAKFAST BURRITO MUFFINS* POPTARTS* | 10 BREAKFAST PIZZA BAGEL & CREAM CHEESE* ASSORTED CEREALS* | 11 FRENCH TOAST YOGURT PARFAIT* MUFFINS* POPTARTS* | 12 EGG & SAUSAGE MUFFIN COFFEE CAKE* BAGEL & CREAM CHEESE* ASSORTED CEREALS* | 13 PANCAKE ON STICK CONCHA* MUFFINS* POPTARTS* |
| 16 MLK HOLIDAY | 17 BREAKFAST PIZZA MINI BAGELS WITH STRAWBERRY CREAM CHEESE* ASSORTED CEREALS* | 18 FRENCH TOAST YOGURT PARFAIT* MUFFINS* POPTARTS* | 19 MINIMUM DAY EGG & SAUSAGE MUFFIN CINNAMON TWINS* MINI BAGELS WITH STRAWBERRY CREAM CHEESE* ASSORTED CEREALS* | 20 PANCAKE ON STICK CONCHA* MUFFINS* POPTARTS* |
| 23 BREAKFAST BURRITO MUFFINS* POPTARTS* | 24 BREAKFAST PIZZA BAGEL & CREAM CHEESE* ASSORTED CEREALS* | 25 FRENCH TOAST YOGURT PARFAIT* MUFFINS* POPTARTS* | 26 EGG & SAUSAGE MUFFIN COFFEE CAKE* BAGEL & CREAM CHEESE* ASSORTED CEREALS* | 27 PANCAKE ON STICK CONCHA* MUFFINS* POPTARTS* |
| 30 BREAKFAST BURRITO MUFFINS* POPTARTS* | 31 BREAKFAST PIZZA MINI BAGELS WITH STRAWBERRY CREAM CHEESE* ASSORTED CEREALS* | <i>All meals are low sodium and all grains are whole grain!</i> | OFFERED DAILY: 1% Lowfat Milk Nonfat Chocolate Milk Apple & Orange Juice Fresh Fruit Take at least 3 items 1 must be a fruit | |

Harvest
of the
Month[™]
Network for a Healthy California



Botanical name: Citrus x paradisi

GRAPEFRUIT

