



GREENS & GRAINS

All entrees are served with a variety of fresh fruits,
vegetables and milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Feb 3	Feb 4	Feb 5	Feb 6	Feb 7
Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Taco Salad Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait Chicken Pesto Flatbread
Feb 10	Feb 11	Feb 12	Feb 13	Feb 14
Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Taco Salad Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait Energy Bowl	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait BBQ Chicken Flatbread
Feb 17	Feb 18	Feb 19	Feb 20	Feb 21
	Taco Salad Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait Chicken Pesto Flatbread
Feb 24	Feb 25	Feb 26	Feb 27	Feb 28
Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Taco Salad Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait Energy Bowl	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait	Build your own Salad Build your own Sandwich Fruit n' Yogurt Parfait BBQ Chicken Flatbread

DID YOU KNOW?

Your meal eligibility expires Sept 15. You MUST fill out a new application every school year.

Apply on line for Free/Red Meals at <https://fridley.sdms2.com>, print app from website or go to your school office.

Menu subject to change. USDA is an equal opportunity employer.