



# DAILY DISH

All entrees are served with a variety of fresh fruits, vegetables and milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Feb 3	Feb 4	Feb 5	Feb 6	Feb 7
Cheese Burger on a WG Bun Crispy Crinkle Cut Fry Creamy Coleslaw Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Buffalo Chicken Pizza Chicken Alfredo Pizza Caesar Salad Oven Roasted Chickpeas Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Asian Bowl Crispy/Grilled Chicken Whole Grain Dinner Roll Carrots & Broccoli Steamed Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Chicken Alfredo, WG Penne WG Garlic Breadstick Honey Sriracha Brussels Sprouts Fresh Fruit Choices Fresh Veggie Choices Milk Choices	All Beef Hotdog WG SunChips Vegetarian Baked Beans Broccoli Craisin Salad Fresh Fruit Choices Fresh Veggie Choices Milk Choices
Feb 10	Feb 11	Feb 12	Feb 13	Feb 14
Baked Rigatoni Garlic Toast Steamed Savory Carrots f Salad, Spinach Romaine Veg Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Cafe-Made Garlic Cheesy Bread Marinara Dipping Sauce Berry Spinach Salad Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Walking Beef Taco Mexican Beans Mexican Fixings Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Kick n' Chicken Popcorn Chicken Mashed Potatoes Biscuit Whole Kernel Corn Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Pulled BBQ Turkey Sandwich Sidewinder Fry Creamy Coleslaw Frozen Juice Cup Fresh Fruit Choices Fresh Veggie Choices Milk Choices
Feb 17	Feb 18	Feb 19	Feb 20	Feb 21
	Zesty Orange Chicken Savory Brown Rice Sweet Chili Chip Carrots & Broccoli Steamed Asian Corn and Edamame Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Tiger Cafe Chili Baked Potato Cinnamon Roll Fritos Corn Chips Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Cheese Tortellini WG Garlic Breadstick Caesar Salad Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Enchilada Bake Mini Tortilla Rounds Lime & Chili Sweet Corn Black Bean & Corn Salsa Mexican Fixings Fresh Fruit Choices Fresh Veggie Choices Milk Choices

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<p style="text-align: right;">Feb 24</p> <p>Grilled Cheese Sandwich  Tomato Soup  Cheddar Goldfish  Broccoli Craisin Salad  Fresh Fruit Choices  Fresh Veggie Choices  Milk Choices</p>	<p style="text-align: right;">Feb 25</p> <p>Southwest Chicken Burger  Potato Wedge  Fresh Fruit Choices  Fresh Veggie Choices  Milk Choices</p>	<p style="text-align: right;">Feb 26</p> <p>Squash Mac n Cheese  Crispy Chicken Tenders  Roasted Green Beans  Fresh Fruit Choices  Fresh Veggie Choices  Milk Choices</p>	<p style="text-align: right;">Feb 27</p> <p>Chicken Carnitas  Cilantro Lime Rice  Lime &amp; Chili Sweet Corn  Avocado Poblano Slaw  Mexican Fixings  Fresh Fruit Choices  Fresh Veggie Choices  Milk Choices  Cinnamon Churro</p>	<p style="text-align: right;">Feb 28</p> <p>Roast Beef Chimichurri  Sandwich  Peppers &amp; Onions  Buffalo Chickpea Salad  Fresh Fruit Choices  Fresh Veggie Choices  Milk Choices</p>

**DID YOU KNOW?**

**Your meal eligibility expires Sept 15. You MUST fill out a new application every school year.**

Apply on line for Free/Red Meals at <https://fridley.sdms2.com>, print app from website or go to your school office.

Menu subject to change. USDA is an equal opportunity employer.