



DAILY DISH

All entrees are served with a variety of fresh fruits, vegetables and milk.

Monday	Tuesday	Wednesday	Thursday	Friday
				<p style="text-align: right;">Nov 1</p> Bahn Mi Sandwich Pickled Vegetables Roasted Cauliflower Fresh Fruit Choices Fresh Veggie Choices Milk Choices
Nov 4	Nov 5	Nov 6	Nov 7	Nov 8
		Walking Beef Taco Mexican Beans Mexican Fixings Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Kick n' Chicken Popcorn Chicken Mashed Potatoes Whole Kernel Corn Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Cheese Tortellini WG Garlic Breadstick Caesar Salad Fresh Fruit Choices Fresh Veggie Choices Milk Choices
Nov 11	Nov 12	Nov 13	Nov 14	Nov 15
All Beef Hotdog WG SunChips Vegetarian Baked Beans Broccoli Craisin Salad Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Squash Mac n Cheese Crispy Chicken Tenders Roasted Green Beans Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Cafe-Made Garlic Cheesy Bread Marinara Dipping Sauce Roasted Tomato & Broccoli Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Enchilada Bake Mini Tortilla Rounds Lime & Chili Sweet Corn Mexican Fixings Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Pulled BBQ Turkey Sandwich Honey Sriracha Roasted Delicata Squash Creamy Coleslaw Fresh Fruit Choices Fresh Veggie Choices Milk Choices
Nov 18	Nov 19	Nov 20	Nov 21	Nov 22
Chicken Alfredo, WG Penne WG Garlic Breadstick Honey Sriracha Brussels Sprouts Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Zesty Orange Chicken Savory Brown Rice Sweet Chili Chip Carrots & Broccoli Steamed Asian Corn and Edamame Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Roasted Chicken Lemon Pepper and Garlic Cinnamon Roll Berry Spinach Salad Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Chicken Carnitas Cilantro Lime Rice Lime & Chili Sweet Corn Avocado Poblano Slaw Mexican Fixings Fresh Fruit Choices Fresh Veggie Choices Milk Choices Cinnamon Churro	Roast Beef Chimichurri Sandwich Peppers & Onions Buffalo Chickpea Salad Fresh Fruit Choices Fresh Veggie Choices Milk Choices
Nov 25	Nov 26	Nov 27	Nov 28	Nov 29
Cheese Burger on a WG Bun Crispy Crinkle Cut Fry Creamy Coleslaw Fresh Fruit Choices Fresh Veggie Choices Milk Choices	Buffalo Chicken Pizza Chicken Alfredo Pizza Caesar Salad Normandy Vegetable Blend Fresh Fruit Choices Fresh Veggie Choices Milk Choices			

DID YOU KNOW?

Your meal eligibility expires Sept 15. You MUST fill out a new application every school year.

Apply on line for Free/Red Meals at <https://fridley.sdms2.com>, print app from website or go to your school office.

Menu subject to change. USDA is an equal opportunity employer.