

OCTOBER 2018

Elementary Breakfast

MONDAY

Strawberry Pop-Tart

1

Craisins

100% Fruit Juice
Milk Choice

Blueberry Muffin

8

Raisins

100% Fruit Juice
Milk Choice

Pancake Bites

15

Craisins

100% Fruit Juice
Milk Choice

Banana Bread

22

Rockin Raisins

100% Fruit Juice
Milk Choice

Dunkin Stick

29

Craisins

100% Fruit Juice
Milk Choice

TUESDAY

Banana Bread

2

Raisins

100% Fruit Juice
Milk Choice

Pancake on Stic

9

Raisels

100% Fruit Juice
Milk Choice

Best Breakfast
Pizza

16

Rich Raisels

100% Fruit Juice
Milk Choice

Strawberry Splash
Mini Pancakes

23

Raisels

100% Fruit Juice
Milk Choice

Sausage Twins

30

Fresh Sliced Pears

100% Fruit Juice
Milk Choice

WEDNESDAY

Sausage
Twins

3

Raisels

100% Fruit Juice
Milk Choice

French Toast
Sticks

10

Craisins

100% Fruit Juice
Milk Choice

Chicken Biscuit

17

Raisins

100% Fruit Juice
Milk Choice

Sausage
Twins

24

Rich Raisels

100% Fruit Juice
Milk Choice

Chicken Biscuit

31

Raisins

100% Fruit Juice
Milk Choice

THURSDAY

Chocolate Chip
French Toast

4

Banana

100% Fruit Juice
Milk Choice

Sausage Twins

11

Fresh Apple Wedges

100% Fruit Juice
Milk Choice

Sausage
Twins

18

Bright Banana

100% Fruit Juice
Milk Choice

Crescent Roll
w/ Chocolate Filling

25

Raisels

100% Fruit Juice
Milk Choice

FRIDAY

Honey Bun

5

Sliced Apple Wedges

100% Fruit Juice
Milk Choice

Crescent Roll
w/ Grape Jelly

12

Fresh Sliced Pears

100% Fruit Juice
Milk Choice

Cinnamon Roll

19

Fresh Apple Wedges

100% Fruit Juice
Milk Choice

Pancake on Stic

26

Raisels

100% Fruit Juice
Milk Choice

Start Your Day Out
Right with a Healthy
Breakfast!

FACTS:

Did you know that a healthy school breakfast helps set you up for success in school?

Students who eat breakfast have better attention and memory.

Students who participate in school breakfast show improved attendance, behavior, standardized test scores as well as decreased tardiness.

Market conditions, delivery and/or availability of food may require a change in menus.

"This institution is an equal opportunity provider and employer"

DID YOU KNOW...

October comes from the Latin word "octo" which means eight.