

# FEBRUARY 2018

## Elementary Lunch Menus

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

Deluxe Chicken Sandwich  
Yogurt Meal  
Crispy Baked Fries  
Lettuce & Tomato Slice  
Frozen Fruit Slushie  
Applesauce Cup **5**

Salisbury Steak  
Grilled Cheese  
Turkey & Cheese Croissant  
Dinner Roll  
Creamed Potatoes  
Broccoli w/ Cheese Sauce  
Frozen Fruit Cup  
Diced Pears **6**

Breakfast for Lunch  
Scrambled Eggs, Grits,  
Sausage & Biscuit  
Crisp Chef Salad  
Tasty Tater Wedges  
Mini Carrots w/ Dip  
Fruity Fruit Juice  
Orange Smiles **7**

Popcorn Chicken  
Turkey & Cheese Slider  
Crisp Chef Salad  
Asian Rice  
Veggie Egg Roll  
Glazed Carrots  
Diced Pear Cup  
Tangerine **1**

Hot Dog w/ Chili  
Go Big Yogurt Meal **2**  
  
Creamy Coleslaw  
Tater Tots  
Mixed Up Fruit Cup  
Cinnamon Apple Cobbler

Cheeseburger  
Yogurt Meal  
Lettuce & Tomato Slice  
Baked Beans  
Emoji Smile Potatoes  
Fresh Fruit Wedges  
Fruity Fruit Juice **12**

Sliced Turkey  
Grilled Cheese  
Crisp Chef Salad  
Rice & Gravy  
Dinner Roll  
Green Beans  
Candied Yams  
Fruit Cocktail / Peach Cup **13**

Baked Spaghetti  
Ham & Cheese Slider  
Crisp Chef Salad  
Garlic Bread Stick  
Romaine Garden Salad  
Bright Broccoli w/ Sauce  
Fresh Pineapple Slices  
Mixed Up Fruit Cup **14**

Nacho Scoops  
Loaded Baked Potato w/  
Breadstick  
Crisp Chef Salad  
Buttered Corn  
Terrific Black Beans  
Lettuce, Tomato & Salsa  
Mixed Fruit /Blueberry Cup **8**

Pulled Pork on Bun  
Go Big Yogurt Meal **9**  
  
Creamy Coleslaw  
Baked Beans  
Tasty Tater Wedges  
Mixed Up Fruit Cup  
Awesome Applesauce

Potato Bowl w/  
Diced Ham & Cheese  
Turkey & Cheese Croissant  
Crisp Chef Salad  
Cinnamon Roll  
Corn/ Fresh Veggies w/ Dip  
Rips Frozen Fruit  
Applesauce **15**

Cheese or Pepperoni  
Pizza Slice **16**  
Go Big Yogurt Meal  
  
Romaine Garden Salad  
Corn on Cob  
Fruity Fruit Juice  
Mixed Fruit Cup

Kickin Chicken Rings  
Yogurt Meal **19**  
Divine Dinner Roll  
Creamed Potatoes  
Gorgeous Green Beans  
Diced Pear Cup  
Tangerine

Grilled Cheese  
Pimento Cheese **20**  
Crisp Chef Salad  
Smile Potatoes  
Vegetable Beef Soup  
Red Strawberry Cup  
Awesome Applesauce

Pork Roast w/ Gravy  
Turkey & Cheese Slider **21**  
Crisp Chef Salad  
Divine Dinner Roll  
Turnip Greens  
Pinto Beans  
Rice & Gravy  
Apple Crisp / Mixed Fruit

Chicken & Noodles  
Hot Ham & Cheese on Bun **22**  
Chef Salad  
Cinnamon Roll  
Breaded Okra  
Broccoli w/ Cheese Sauce  
Frozen Fruit Cup  
Kiwi & Orange Smiles

Pulled Pork on Bun  
Go Big Yogurt Meal **23**  
  
Creamy Coleslaw  
Best Baked Beans  
Tasty Tater Wedges  
Mixed Up Fruit Cup  
Fruit Juice

Corn Dog  
Yogurt Meal **26**  
Tater Tots  
Best Baked Beans  
Mixed Up Fruit Cup  
Frozen Fruit Slushie  
Awesome Applesauce

Nacho Scoops  
Loaded Baked Potato w/  
Breadstick **27**  
Crisp Chef Salad  
Buttered Corn  
Terrific Black Beans  
Lettuce, Tomato & Salsa  
Mixed Fruit /Blueberry Cup

Turkey & Cheese on Bun  
Grilled Cheese **28**  
Crisp Chef Salad  
Baked Dorito's  
Lettuce & Tomato  
Fresh Veggies w/ Dip  
Red Strawberry Cup  
Pears / Birthday Krispy

Please visit us on our website at [www.ncsdnutrition.com](http://www.ncsdnutrition.com)

You can sign up to have menus sent to your email monthly.

Our Schools are implementing the Smarter Lunchroom Strategies to build a school environment that makes *the healthy choice the easy choice*.

Find out more about the Smarter Lunchroom Movement at [SmarterLunchrooms.org](http://SmarterLunchrooms.org)

Market conditions, delivery and/or availability of food may require a change in menus.

"This institution is an equal opportunity provider

