

OCTOBER 2017

Elementary Lunch Menus

MONDAY

Deluxe Chicken Sandwich
Go Big Yogurt Meal **2**

Crispy Baked Fries
Mini Carrots w/ Dip
Lettuce & Tomato
Frozen Fruit Slushie
Fresh Citrus Wedges

Cheeseburger
Yogurt Meal **9**
Lettuce & Tomato Slice
Mini Carrots w/ Dip
Emoji Smile Potatoes
Fresh Fruit Wedges
Fruity Fruit Juice

Bird Dog
Sandwich **16**
Yogurt Meal
Best Baked Beans
Emoji Smile Potatoes
Fresh Fruit Wedges
Fruity Fruit Juice

Fantastic
Corn Dog **23**
Yogurt Meal
Emoji Smile Potatoes
Best Baked Beans
Mixed Up Fruit Cup
Frozen Fruit Slushie

Delicious Chicken
Sandwich **30**
Go Big Yogurt Meal
Lettuce & Tomato
Crispy Baked Fries
Fruity Fruit Juice
Fresh Apple Crunchers

TUESDAY

Mozzarella Cheese Sticks
w/ Marinara Sauce **3**
Cheesy Grilled Cheese
Crisp Chef Salad
Green Peas
Romaine Garden Salad
Plump Purple Grapes
Sweet Strawberry Cup

Turkey & Cheese Slider
Toasted Cheese Sandwich **10**
Crisp Chef Salad
Tater Tots
Vegetable Beef Soup
Fresh Pineapple Slices
Mixed Up Fruit Cup

Chicken & Rice **17**
Grilled Cheese
Crisp Chef Salad
Garlic Bread Stick
Romaine Salad
Broccoli w/ Cheese Sauce
Awesome Applesauce
Diced Pears

Nacho Scoops **24**
Loaded Baked Potato w/
Breadstick
Crisp Chef Salad
Buttered Corn
Terrific Black Beans
Lettuce, Tomato & Salsa
Green Grapes/ Diced Pears

Deli Combo Sandwich **31**
Crisp Chef Salad
Baked Dorito's
Lettuce & Tomato
Fresh Veggies w/ Dip
Red Strawberry Cup
Awesome Applesauce
Birthday Krispy

WEDNESDAY

Nacho Scoops **4**
Loaded Baked Potato
w/ Breadstick
Crisp Chef Salad
Lettuce, Tomato & Salsa
Buttered Corn
Terrific Black Beans
Blueberries/ Diced Pears

Chicken Pot Pie **11**
Toasted Grilled Cheese
Crisp Chef Salad
Dinner Roll
Veggie Sticks w/ Dip
Breaded Okra
Perfect Fruit Crisp
Kiwi / Orange Wedges

Breakfast for Lunch **18**
Scrambled Eggs, Grits,
Sausage & Biscuit
Crisp Chef Salad
Tasty Tater Wedges
Mini Carrots w/ Dip
Fruity Fruit Juice
Orange Smiles

Pork Roast w/ Gravy **25**
Turkey & Cheese Slider
Crisp Chef Salad
Divine Dinner Roll
Creamed Potatoes
Green Beans
Blueberry Cobbler
Fresh Fruit Wedges

THURSDAY

Baked Spaghetti **5**
Ham & Cheese Slider
Crisp Chef Salad
Garlic Bread Stick
Romaine Garden Salad
Bright Broccoli w/ Sauce
Fresh Pineapple Slices
Mixed Up Fruit Cup

Loaded Mashed Potato **12**
Diced Ham & Cheese
Crisp Chef Salad
Cinnamon Roll
Broccoli w/ Cheese Sauce
Pinto Beans
Awesome Applesauce
Frozen Fruit Slushie

Kickin Chicken Rings **19**
Crisp Chef Salad
Divine Dinner Roll
Creamed Potatoes
Gorgeous Green Beans
Diced Pear Cup
Perfect Peaches

Cheese or Pepperoni **26**
Pizza Slice
Go Big Yogurt Meal
Bright Broccoli w/ Sauce
Romaine Garden Salad
Fruity Fruit Juice
Mixed Fruit Cup

FRIDAY

Pulled Pork on Bun **6**
Go Big Yogurt Meal
Creamy Coleslaw
Best Baked Beans
Tasty Tater Wedges
Mixed Up Fruit Cup
Awesome Applesauce

Cheese or Pepperoni **13**
Pizza Slice
Go Big Yogurt Meal
Corn on Cob
Romaine Garden Salad
Fruity Fruit Juice
Mixed Up Fruit Cup

Hot Dog w/ Chili **20**
Go Big
Yogurt Meal
Creamy Coleslaw
Crispy Baked Fries
Mixed Up Fruit Cup
Cinnamon Apple Cobbler

Parent Conferences **27**
No School

Please join us for Lunch!

You can set your child a lunch account up @ [Myschoolbucks.com](https://myschoolbucks.com)

This account works like a checking account for you. Please contact us if you have any questions. www.ncsdnutrition.com

Our Schools are implementing the Smarter Lunchroom Strategies to build a school environment that makes *the healthy choice the easy choice.*

Find out more about the Smarter Lunchroom Movement at SmarterLunchrooms.org

Market conditions, delivery and/or availability of food may require a change in menus.

"This institution is an equal opportunity provider and employer."

Revised 9-25-17

DID YOU KNOW?

More US presidents have been born in October than in any other month.