



## BREAKFAST MENU

**FREE EVERY DAY FOR EVERY STUDENT!**

Milk, juice and fresh fruit offered daily with your breakfast choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PANCAKES 40g	BREAKFAST PASTRY 39g	FRENCH TOAST STICKS 28g	PANCAKE SAUSAGE ON A STICK 24g	BREAKFAST PASTRY 39g
			PRE-SCHOOL-CEREAL	

**Whole grain cereals and breakfast pizza offered daily at each site (Not Available for Pre-School)**

## LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CHICKEN NUGGETS 14g AND BISCUIT 13g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	TERIYAKI CHICKEN WITH RICE WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	BEAN/CHEESE BURRITO 41g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	BBQ PULLED CHICKEN SANDWICH 46g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	PIZZA 29g WITH A FRUIT SELECTION SALAD BAR * MILK VARIETY 13g-22g
9	10	11	12	13
GRILLED CHEESE SANDWICH 32g WITH A VEGETABLE SELECTION SALAD BAR MILK VARIETY 13g-22g	CHILI 8g WITH CORNBREAD 15g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	CHICKEN FAJITA 16g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	HOT DOG ON A BUN 22g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	PIZZA 29g WITH A FRUIT SELECTION SALAD BAR * MILK VARIETY 13g-22g
16	17	18	19	20
CHICKEN STIR FRY WITH FRESH VEGETABLES 11g AND RICE 18g SALAD BAR * MILK VARIETY 13g-22g	MAC AND CHEESE 28g WITH A VEGETABLE SELECTION AND BISCUIT 13g SALAD BAR * MILK VARIETY 13g-22g	ALL BEEF HAMBURGER 30g WITH OVEN FRIES 15g SALAD BAR * MILK VARIETY 13g-22g	CHICKEN SOFT TACO 15g WITH SALSA 8g SALAD BAR * MILK VARIETY 13g-22g	PIZZA 29g WITH A FRUIT SELECTION SALAD BAR * MILK VARIETY 13g-22g
23	24	25	26	27
CHICKEN SANDWICH ON A BUN 41g WITH A VEGETABLE SELECTION SALAD BAR MILK VARIETY 13g-22g	PASTA OF THE DAY WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	BRUNCH FOR LUNCH SYRUP 14g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	CHICKEN ENCHILADAS WITH GREEN CHILI SAUCE 31g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	PIZZA 29g WITH A FRUIT SELECTION SALAD BAR * MILK VARIETY 13g-22g
30	31			
CHICKEN NUGGETS 14g AND BISCUIT 13g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g	BEAN/CHEESE BURRITO 41g WITH A VEGETABLE SELECTION SALAD BAR * MILK VARIETY 13g-22g			

**Fresh Deli Sandwich with Baby Carrots or Whole Grain Cereal with Low Fat Yogurt available each day as lunch options**



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



### DENAIR UNIFIED SCHOOL DISTRICT Elementary School Menu

#### MEAL PRICES:

Breakfast—**FREE TO EVERY STUDENT!**  
Lunch \$2.10  
Reduced \$0.00 (fee waived)  
Milk Only \$.50

#### Going Green! *Menus*



Visit our website to sign up to have your  
menus emailed automatically.  
[www.culinarycoyote.com](http://www.culinarycoyote.com)

#### MEAL APPLICATIONS:

Free and reduced applications are  
available on our website or in your  
school cafeteria.

#### CONTACT US:

Child Nutrition Services  
209-668-5804

**CARB COUNTS ARE APPROXIMATE**

**MENU SUBJECT TO CHANGE**

**ALL MEALS COME WITH A TRIP  
THROUGH OUR SALAD BAR FILLED  
WITH LOCAL FRESH FRUITS AND  
VEGGIES!**

