

# McAllen ISD Supper

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



## Announcements:

Milk is offered for every supper!

Our New Supper Menu features Protein Packed Options on Monday, Wednesday and Fridays.

AND Warm Comfort Foods Tuesday and Thursdays!

				Energy Pack <sup>1</sup> Banana Chocolate Bar Sunflower Seeds Turkey Stick Fresh Fruit & Fresh Veggies
Fresh Yogurt Pack <sup>4</sup> Yogurt Cup Mozzarella Cheese Stick Graham Crackers Capri Sun	Chicken Nuggets with Broccoli <sup>5</sup>	Mini Build a Sandwich <sup>6</sup> Flatbread with Turkey Ham and Cheese Cubes Capri Sun	Corn Dog with Sweet Potato Waffle Fries <sup>7</sup>	Sunflower Protein Power <sup>8</sup> Sun Butter Sandwich Sunflower Seeds Fresh Fruit Fresh Veggies
No School <sup>11</sup>	Pinwheel with Golden Corn <sup>12</sup>	Pretzel & Protein Duo <sup>13</sup> Turkey Stick Mozzarella Cheese Stick Pretzels Capri Sun	Ham And Cheese Wedge with Jicama <sup>14</sup>	Sweet & Salty Supper Pack <sup>15</sup> Sweet Potato Muffin Top Sunflower Seeds Cheese Stick Fresh Fruit & Fresh Veggie
National School Lunch Week				
Pretzel & Protein Duo <sup>18</sup> Turkey Stick Mozzarella Cheese Stick Pretzels Capri Sun	Ciabatta Melt with Golden Corn <sup>19</sup>	Yogurt Bundle Bites <sup>20</sup> Yogurt Cup Sunflower Seeds Graham Crackers Capri Sun	Chicken Tenders with Sweet Potato Waffle Fries <sup>21</sup>	Energy Pack <sup>22</sup> Banana Chocolate Bar Sunflower Seeds Turkey Stick Fresh Fruit & Fresh Veggies
Fresh Yogurt Pack <sup>25</sup> Yogurt Cup Mozzarella Cheese Stick Graham Crackers Capri Sun	Chicken Nuggets with Broccoli <sup>26</sup>	Mini Build a Sandwich <sup>27</sup> Flatbread with Turkey Ham and Cheese Cubes Capri Sun	Corn Dog with Sweet Potato Waffle Fries <sup>28</sup>	Sunflower Protein Power <sup>29</sup> Sun Butter Sandwich Sunflower Seeds Fresh Fruit Fresh Veggies



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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