

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Banana Chocolate Bar **4**
Cereal

Chicken Tenders w/ Mini Waffles
Corn Dog
Sweet Potato Waffle Fries
Steamed Broccoli

Mini Blueberry Pancakes **5**
Cereal

Cheesy Ranchero Tornos
Tamales with Cheese Sauce
Fiesta Black Beans
Pico de Gallo

Bean and Cheese Taco **6**
Cereal

Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Emoji Fries

Morning Sausage Roll **7**
Cereal

Orange Mandarin Chicken w Brown Rice
Bento Box
Cherry Tomato and Cucumber Salad
Seasoned Cucumber

Mini Waffles **1**
Cereal

Pepperoni Pizza
Garlic Bread Pull Aparts w/ Marinara
Fresh Baby Carrots w/ Ranch

Banana Bread Loaf Slice **8**
Cereal

Pizza
Bean and Cheese Pupusa
Fresh Baby Carrots
Ranch Dressing

11

No School

Breakfast Round **12**
Cereal

Apple & Grape Chicken Salad
Frito Pie
Refried Beans
Pico de Gallo

Barbacoa Taco w Pico de Gallo **13**
Cereal

Hamburger or Cheeseburger
Chicken Nuggets w/ Mac & Cheese
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Marranito **14**
Cereal

Tex Mex Baked Potato with Biscuit
Meatball Sub
Seasoned Cucumber

Chicken Sausage Bites **15**
Cereal

Pepperoni Pizza
Cheese Sticks with Marinara
Fresh Baby Carrots w/ Ranch

National School Lunch Week

Pancake on a Stick **18**
Cereal

Cheesy Ranchero Tornos
Apple & Grape Chicken Salad
Fiesta Black Beans
Sidewinder Fries

Sweet Potato Muffin Top **19**
Cereal

Conchitas con Pollo with Flour Tortilla
Bento Box
Pico de Gallo
Seasoned Cucumbers

Yogurt Parfait w Breakfast Round **20**
Cereal

Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Blueberry Cheese Stick **21**
Cereal

Oven Roasted Chicken with Brown Rice
Bean and Cheese Pupusa
Cherry Tomato Cucumber Salad
Steamed Broccoli

Mini Waffles **22**
Cereal

Pepperoni Pizza
Garlic Bread Pull Aparts w/ Marinara
Fresh Baby Carrots w/ Ranch

Banana Chocolate Bar **25**
Cereal

Chicken Tenders w/ Mini Waffles
Corn Dog
Sweet Potato Waffle Fries
Steamed Broccoli

Mini Blueberry Pancakes **26**
Cereal

Cheesy Ranchero Tornos
Tamales with Cheese Sauce
Fiesta Black Beans
Pico de Gallo

Bean and Cheese Taco **27**
Cereal

Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Emoji Fries

Morning Sausage Roll **28**
Cereal

Orange Mandarin Chicken w Brown Rice
Bento Box
Cherry Tomato and Cucumber Salad
Seasoned Cucumber

Banana Bread Loaf Slice **29**
Cereal

Pizza
Bean and Cheese Pupusa
Fresh Baby Carrots
Ranch Dressing

Oct

FEED YOUR CREATIVITY



Announcements:

All Breakfast served with Assorted Fruit, Juice, and Milk.

All Lunch served has assorted Fruit and Milk. Juice option is available Tuesday and Thursday.

*Green Salsa available with Bean and Cheese Taco .
Pico de Gallo available for Barbacoa Taco
Menu changes may occur due to the impacts of COVID-19*



Food and Nutrition Division
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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