

McAllen ISD High School Menu

MONDAY

TUESDAY

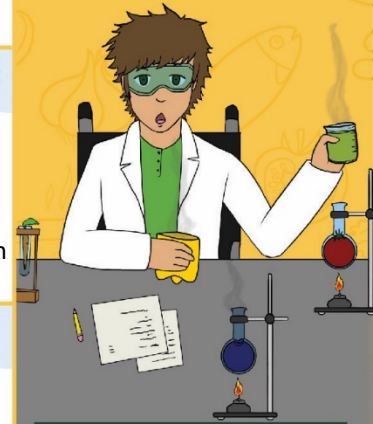
WEDNESDAY

THURSDAY

FRIDAY

Sept

FEED YOUR
CREATIVITY



Announcements:

All Breakfast served with Assorted Fruit, Juice, and Milk.

All Lunch served has assorted Fruit and Milk. Juice option is available Tuesday and Thursday.

Green Salsa available with Bean and Cheese Taco .
Pico de Gallo available for Barbacoa Taco

Menu changes may occur due to the impacts of COVID-19

		Barbacoa Taco w Pico de Gallo ¹ Cereal	Marranito ² Cereal	Chicken Sausage Bites ³ Cereal
		Hamburger or Cheeseburger Hot Dog and Mac n Cheese Burger Salad Sidewinder fries <i>Pickles & Jalapeno</i>	Tex Mex Baked Potato with Biscuit Meatball Sub Seasoned Cucumber	Pepperoni Pizza Cheese Sticks with Marinara Fresh Baby Carrots w/ Ranch Chef's Choice Veggies
6	Sweet Potato Muffin Top ⁷ Cereal	Yogurt Parfait w Breakfast Round ⁸ Cereal	Blueberry Cheese Stick ⁹ Cereal	Mini Waffles with Syrup ¹⁰ Cereal
No School	Conchitas con Pollo with Flour Tortilla Bento Box Pico de Gallo Seasoned Cucumbers	Hamburger or Cheeseburger Breaded Wings with Buffalo Sauce & Biscuit Burger Salad Seasoned Jicama <i>Pickles & Jalapeno</i>	Oven Roasted Chicken with Brown Rice Bean and Cheese Pupusa Cherry Tomato Cucumber Salad Steamed Broccoli	Pepperoni Pizza Garlic Bread Pull Aparts w/ Marinara Fresh Baby Carrots with Ranch Chef's Choice Veggies
Banana Chocolate Bar ¹³ Cereal	Mini Blueberry Pancakes ¹⁴ Cereal	Bean and Cheese Taco ¹⁵ Cereal	Morning Sausage Roll ¹⁶ Cereal	Banana Bread Loaf Slice ¹⁷ Cereal
Chicken Tenders with Mini Waffles and syrup Corn Dog Sweet Potato Waffle Fries Steamed Broccoli	Cheesy Ranchero Tornados 4 Tamales Fiesta Black Beans Pico de Gallo	Hamburger or Cheeseburger Breaded Wings with Buffalo Sauce & Biscuit Burger Salad Emoji Fries	Orange Mandarin Chicken w Brown Rice Bento Box Cherry Tomato and Cucumber Salad Seasoned Cucumber	Pizza Bean and Cheese Pupusa Fresh Baby Carrots Ranch Dressing Chef's Choice Veggies
Concha ²⁰ Cereal	Breakfast Round ²¹ Cereal	Barbacoa Taco w Pico de Gallo ²² Cereal	Marranito ²³ Cereal	Chicken Sausage Bites ²⁴ Cereal
Pepperoni Pinwheel Ham & Cheese Wedge Steamed Broccoli Sweet Potato Waffle Fries	Apple & Grape Chicken Salad Frito Pie Refried Beans Pico de Gallo	Hamburger or Cheeseburger Hot Dog and Mac n Cheese Burger Salad Sidewinder fries <i>Pickles & Jalapeno</i>	Tex Mex Baked Potato with Biscuit Meatball Sub Seasoned Cucumber	Pepperoni Pizza Cheese Sticks with Marinara Fresh Baby Carrots with Ranch Chef's Choice Veggies
Pancake on a Stick ²⁷ Cereal	Sweet Potato Muffin Top ²⁸ Cereal	Yogurt Parfait w Breakfast ²⁹ Round Cereal	Blueberry Cheese Stick ³⁰ Cereal	
Cheesy Ranchero Tornados Apple & Grape Chicken Salad Fiesta Black Beans Sidewinder Fries	Conchitas con Pollo with Flour Tortilla Bento Box Pico de Gallo Seasoned Cucumbers	Hamburger or Cheeseburger Breaded Wings with Buffalo Sauce & Biscuit Burger Salad Seasoned Jicama <i>Pickles & Jalapeno</i>	Oven Roasted Chicken with Brown Rice Bean and Cheese Pupusa Cherry Tomato Cucumber Salad Steamed Broccoli	



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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