

McAllen ISD Middle School Menu

MONDAY

TUESDAY

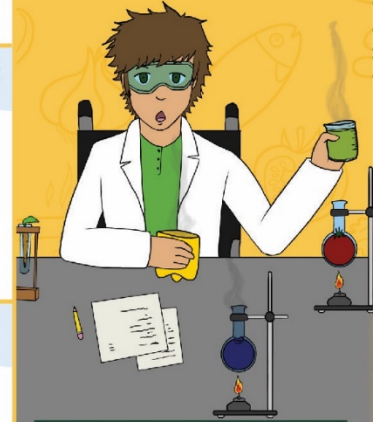
WEDNESDAY

THURSDAY

FRIDAY

Sept

FEED YOUR
CREATIVITY



Announcements:

All Breakfast served with Assorted Fruit, Juice, and Milk.

All Lunch served has assorted Fruit and Milk. Juice option is available Tuesday and Thursday.

Green Salsa available with Bean and Cheese Taco .
Pico de Gallo available for Barbacoa Taco

Menu changes may occur due to the impacts of COVID-19

Marranito Cereal ²
Tex Mex Baked Potato with Biscuit
Meatball Sub
Seasoned Cucumber

Blueberry Cheese Stick Cereal ⁹
Oven Roasted Chicken with Brown Rice
Bean and Cheese Pupusa
Cherry Tomato Cucumber Salad
Steamed Broccoli

Morning Sausage Roll Cereal ¹⁶
Orange Mandarin Chicken w Brown Rice
Bento Box
Cherry Tomato and Cucumber Salad
Seasoned Cucumber

Marranito Cereal ²³
Tex Mex Baked Potato with Biscuit
Meatball Sub
Seasoned Cucumber

Blueberry Cheese Stick Cereal ³⁰
Oven Roasted Chicken with Brown Rice
Bean and Cheese Pupusa
Cherry Tomato Cucumber Salad
Steamed Broccoli

Chicken Sausage Bites Cereal ³
Pepperoni Pizza
Cheese Sticks with Marinara
Fresh Baby Carrots w/ Ranch

Mini Waffles Cereal ¹⁰
Pepperoni Pizza
Garlic Bread Pull Aparts w/ Marinara
Fresh Baby Carrots w/ Ranch

Banana Bread Loaf Slice Cereal ¹⁷
Pizza
Bean and Cheese Pupusa
Fresh Baby Carrots
Ranch Dressing

Chicken Sausage Bites Cereal ²⁴
Pepperoni Pizza
Cheese Sticks with Marinara
Fresh Baby Carrots w/ Ranch

Barbacoa Taco w Pico de Gallo ¹
Cereal
Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ⁸
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Bean and Cheese Taco Cereal ¹⁵
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Emoji Fries

Barbacoa Taco w Pico de Gallo ¹²
Cereal
Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ²⁹
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ²⁹
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Barbacoa Taco w Pico de Gallo ¹
Cereal
Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ⁸
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Barbacoa Taco w Pico de Gallo ¹²
Cereal
Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ²⁹
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ²⁹
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Barbacoa Taco w Pico de Gallo ¹
Cereal
Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ⁸
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Barbacoa Taco w Pico de Gallo ¹²
Cereal
Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ²⁹
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ²⁹
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Barbacoa Taco w Pico de Gallo ¹
Cereal
Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ⁸
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Barbacoa Taco w Pico de Gallo ¹²
Cereal
Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ²⁹
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Yogurt Parfait w Breakfast Round Cereal ²⁹
Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

No School

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Sweet Potato Muffin Top Cereal ⁷

Conchitas con Pollo with Flour Tortilla
Bento Box
Pico de Gallo
Seasoned Cucumbers

Yogurt Parfait w Breakfast Round Cereal ⁸

Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Blueberry Cheese Stick Cereal ⁹

Oven Roasted Chicken with Brown Rice
Bean and Cheese Pupusa
Cherry Tomato Cucumber Salad
Steamed Broccoli

Mini Waffles Cereal ¹⁰

Pepperoni Pizza
Garlic Bread Pull Aparts w/ Marinara
Fresh Baby Carrots w/ Ranch

Banana Chocolate Bar Cereal ¹³

Chicken Tenders w/ Mini Waffles
Corn Dog
Sweet Potato Waffle Fries
Steamed Broccoli

Mini Blueberry Pancakes Cereal ¹⁴

Cheesy Ranchero Tornos
Tamales with Cheese Sauce
Fiesta Black Beans
Pico de Gallo

Bean and Cheese Taco Cereal ¹⁵

Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Emoji Fries

Morning Sausage Roll Cereal ¹⁶

Orange Mandarin Chicken w Brown Rice
Bento Box
Cherry Tomato and Cucumber Salad
Seasoned Cucumber

Banana Bread Loaf Slice Cereal ¹⁷

Pizza
Bean and Cheese Pupusa
Fresh Baby Carrots
Ranch Dressing

Concha Cereal ²⁰

Pepperoni Pinwheel
Ham & Cheese Wedge
Steamed Broccoli
Sweet Potato Waffle Fries

Breakfast Round Cereal ²¹

Apple & Grape Chicken Salad
Frito Pie
Refried Beans
Pico de Gallo

Barbacoa Taco w Pico de Gallo ¹²
Cereal

Hamburger or Cheeseburger
Hot Dog
Burger Salad
Sidewinder fries
Pickles & Jalapeno

Marranito Cereal ²³

Tex Mex Baked Potato with Biscuit
Meatball Sub
Seasoned Cucumber

Chicken Sausage Bites Cereal ²⁴

Pepperoni Pizza
Cheese Sticks with Marinara
Fresh Baby Carrots w/ Ranch

Pancake on a Stick Cereal ²⁷

Cheesy Ranchero Tornos
Apple & Grape Chicken Salad
Fiesta Black Beans
Sidewinder Fries

Sweet Potato Muffin Top Cereal ²⁸

Conchitas con Pollo with Flour Tortilla
Bento Box
Pico de Gallo
Seasoned Cucumbers

Yogurt Parfait w Breakfast Round Cereal ²⁹

Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Burger Salad
Seasoned Jicama
Pickles & Jalapeno

Blueberry Cheese Stick Cereal ³⁰

Oven Roasted Chicken with Brown Rice
Bean and Cheese Pupusa
Cherry Tomato Cucumber Salad
Steamed Broccoli



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



Updated 1/1/2021
www.SquareMeals.org