

McAllen ISD
Three Week Cycle Menu Fall 2018-2019
Grades: Pre K Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Cinnamon Toast Crunch Fruit/Assorted Milk Chicken Nuggets Carrot Sticks w/ ranch dressing Juice Assorted Milk	Morning Sausage Roll Fruit/Assorted Milk Frito Pie Refried Beans Juice Assorted Milk	Potato & Egg CheeseTaco Fruit/Assorted Milk Hamburger/Cheeseburger Curly Fries Juice Assorted Milk	Sausage Biscuit Fruit/Assorted Milk Cheese Sticks w Marinara Sauce Corn on the Cob Juice Assorted Milk	Cheerios Fruit/Assorted Milk Pepperoni/ Cheese Pizza Carrot Sticks w/ ranch dressing Juice Assorted Milk
WEEK 2	Cheerios Fruit/Assorted Milk Mini Corn Dogs Veggie Nibbles Blend Juice Assorted Milk	Bite size French Toast Fruit/Assorted Milk Burrito w Cheese Mexicali Corn Juice Assorted Milk	Ham & Egg Taco Fruit/Assorted Milk Chicken Burger Curly Fries Juice Assorted Milk	Morning Sausage Roll Fruit/Assorted Milk Beef Tamales Refried Beans Juice Assorted Milk	Cinnamon Toast Crunch Fruit/Assorted Milk Chicken Nuggets Carrot Sticks w/ ranch dressing Juice Assorted Milk
WEEK 3	Pancake on a Stick Fruit/Assorted Milk Hot Dog Tator Tots Juice Assorted Milk	Mini Blueberry Pancakes Fruit/Assorted Milk Carne Guisada Rice & Tortilla Refried Beans Juice Assorted Milk	Tamales Fruit/Assorted Milk Hamburger/Cheeseburger Curly Fries Juice Assorted Milk	Sausage Biscuit Fruit/Assorted Milk Chicken Fried Steak Broccoli w cheese Juice Assorted Milk	Cheerios Fruit/Assorted Milk Pepperoni/ Cheese Pizza Carrot Sticks w/ ranch dressing Juice Assorted Milk