Early College High School Lunch Menu \$3.75 (reduced price \$.40)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|
| Subway Ham, Turkey or Veggie Sub | WaBa Grill Chicken Bowl | Pizza Hut Pizza with Garden Salad or Pasta Salad | Chicken Caesar Salad & Whole Grain Roll | Pick Up Stix House Chicken with Veggie & Brown Rice |
| Fruit & Yogurt Parfait | Southwest Chicken Salad & Tortilla Chips | Fresh Fruit Salad & Whole Grain Roll | Fresh Deli Sandwiches | Asian Chicken Salad with Whole Grain Roll |
| PBJ or Sunflower Butter & Jelly Lunch To-Go | Vegan Pasta Salad | Fresh Deli Sandwiches | Fruit and Yogurt Parfait | Fresh Deli Sandwiches |
| | Fresh Deli Sandwiches | Fruit and Yogurt Parfait | PBJ or Sunflower Butter & Jelly Lunch To-Go | Fruit and Yogurt Parfait |
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| | | | Daily Special May Include the Following | |
| | | | Pasta with Meaballs & Spaghetti Sauce | |
| | | | Boneless Chicken Wings & Roll | |
| | | | Chicken Patty Sandwich | |
| | | | BBQ Pork Sandwich | |
| | | | Mini Cheeseburgers with Lettuce & Tomato | |
| | | | Baked Chicken Drumstick with Tortilla & Veggies | |
| | | | Chicken Taquitos | |
| All Meals Include Veggies, Fruit, Juice & Milk | All Meals Include Veggies, Fruit, Juice & Milk | All Meals Include Veggies, Fruit, Juice & Milk | All Meals Include Veggies, Fruit, Juice & Milk | All Meals Include Veggies, Fruit, Juice & Milk |
| Students Must Take 3 Items & | Students Must Take 3 Items & | Students Must Take 3 Items & | Students Must Take 3 Items & | Students Must Take 3 Items & |
| One Item Must Be Veggie, Fruit or Juice | One Item Must Be Veggie, Fruit or Juice | One Item Must Be Veggie, Fruit or Juice | One Item Must Be Veggie, Fruit or Juice | One Item Must Be Veggie, Fruit or Juice |
| \$3.75 Reduced Price \$.40 | \$3.75 Reduced Price \$.40 | \$3.75 Reduced Price \$.40 | \$3.75 Reduced Price \$.40 | \$3.75 Reduced Price \$.40 |