

# NOVEMBER 2021



## Elementary Menu



### Breakfast Offered Daily

Milk 1% white or chocolate & fresh fruit.

#### Monday

Crumb Cake + Graham

#### Tuesday

Cereal + Graham

#### Wednesday

Cinnamon Roll

#### Thursday

Cereal + Graham

#### Friday

Chocolate Muffin

Free & Reduce lunch applications available at Pleasanton Unified Nutrition

	MON	TUE	WED	THU	FRI
 	<b>1</b> 	<b>2</b>  Orange Chicken + Rice Grilled Cheese Sandwich*	<b>3</b> Crispy Chicken Sandwich Bean & Cheese Burrito*	<b>4</b> Beef & Cheese Taquito Chicken Nuggets + Roll Veggie Nuggets + Roll*	<b>5</b> <b>Cookie Day</b> Chicken Tenders Cheese Tamale*
<b>This month's seasonal produce:</b> Apples, pears, persimmons, pumpkin, kiwi, carrots, broccoli, sweet potatoes	<b>8</b> Garlex Pizza (pepperoni or cheese*)	<b>9</b>  Chicken Quesadilla Cheese Bosco Sticks*	<b>10</b> Cheeseburger Veggie Burger * Cheese Quesadilla*	<b>11</b> 	<b>12</b> 
All meals come with milk (1% white or fat free chocolate), fresh fruit, and veggies.	<b>15</b> Garlex Pizza (pepperoni or cheese*)	<b>16</b>  Orange Chicken + Rice Grilled Cheese Sandwich*	<b>17</b> Crispy Chicken Sandwich Bean & Cheese Burrito*	<b>18</b> Beef & Cheese Taquito Chicken Nuggets + Roll Veggie Nuggets + Roll*	<b>19</b> 
*= Vegetarian GF = contains no gluten We are not a GF facility. Products contain no gluten. = Plant-Based Protein	<b>22</b> 	<b>23</b>	<b>24</b>	<b>25</b> ~~~~~ Let's <b>GIVE THANKS</b>	<b>26</b> 
	<b>29</b> Garlex Pizza (pepperoni or cheese*)	<b>30</b>  Chicken Quesadilla Cheese Bosco Sticks*	<b>Breakfast and Lunch is Free for All Students!</b>		For students with medically diagnosed food allergies, there is a meal accommodation form on the PUSD website.