

NOVEMBER 2021



Elementary Menu



Breakfast Offered Daily

Milk 1% white or chocolate & fresh fruit.

Monday

Crumb Cake + Graham

Tuesday

Cereal + Graham

Wednesday

Cinnamon Roll

Thursday

Cereal + Graham

Friday

Chocolate Muffin

Free & Reduce lunch applications available at Pleasanton Unified Nutrition

	MON	TUE	WED	THU	FRI
 	1 	2 Orange Chicken + Rice Grilled Cheese Sandwich*	3 Crispy Chicken Sandwich Bean & Cheese Burrito*	4 Garlex Pizza (pepperoni or cheese*) 	5 Beef & Cheese Taquitos Chicken Nuggets + Roll Veggie Nuggets + Roll*
This month's seasonal produce: Apples, pears, persimmons, pumpkin, kiwi, carrots, broccoli, sweet potatoes	8 Twin Chicken Hot Dogs Veggie Chili + Tortilla Chips*	9 Chicken Quesadilla Cheese Bosco Sticks*	10 Cheeseburger Veggie Burger* Cheese Quesadilla*	11 	12
All meals come with milk (1% white or fat free chocolate), fresh fruit, and veggies.	15 Cookie Day Chicken Tenders Cheese Tamale*	16 Orange Chicken + Rice Grilled Cheese Sandwich*	17 Crispy Chicken Sandwich Bean & Cheese Burrito*	18 Garlex Pizza (pepperoni or cheese*) 	19
*= Vegetarian GF = contains no gluten We are not a GF facility. Products contain no gluten. = Plant-Based Protein	22 	23	24	25 Let's GIVE THANKS	26
	29 Twin Chicken Hot Dogs Veggie Chili + Tortilla Chips*	30 Chicken Quesadilla Cheese Bosco Sticks*	Breakfast and Lunch is Free for All Students!		For students with medically diagnosed food allergies, there is a meal accommodation form on the PUSD website.