

# NOVEMBER 2021



## Elementary Menu



### Breakfast Offered Daily

Milk 1% white or chocolate & fresh fruit.

#### Monday

Crumb Cake + Graham

#### Tuesday

Cereal + Graham

#### Wednesday

Cinnamon Roll

#### Thursday

Cereal + Graham

#### Friday

Chocolate Muffin

Free & Reduce lunch applications available at Pleasanton Unified Nutrition

MON

TUE

WED

THU

FRI

	<p><b>1</b></p> <p><b>REMINDER NO SCHOOL</b></p>	<p><b>2</b> </p> <p>Orange Chicken + Rice</p> <p>Grilled Cheese Sandwich*</p>	<p><b>3</b></p> <p>Crispy Chicken Sandwich</p> <p>Bean &amp; Cheese Burrito*</p>	<p><b>4</b></p> <p>Garlex Pizza (pepperoni or cheese*) </p>	<p><b>5</b></p> <p>Beef &amp; Cheese Taquitos</p> <p>Chicken Nuggets + Roll </p> <p>Veggie Nuggets + Roll*</p>
<p><b>This month's seasonal produce:</b></p> <p>Apples, pears, persimmons, pumpkin, kiwi, carrots, broccoli, sweet potatoes</p>	<p><b>8</b></p> <p>Twin Chicken Hot Dogs</p> <p> Veggie Chili + Tortilla Chips* </p>	<p><b>9</b> </p> <p>Chicken Quesadilla</p> <p>Cheese Bosco Sticks*</p>	<p><b>10</b></p> <p>Cheeseburger </p> <p>Veggie Burger *</p> <p>Cheese Quesadilla*</p>	<p><b>11</b></p> <p><b>REMINDER NO SCHOOL</b></p>	<p><b>12</b></p> <p><b>REMINDER NO SCHOOL</b></p>
<p>All meals come with milk (1% white or fat free chocolate), fresh fruit, and veggies.</p>	<p><b>15</b> <b>Cookie Day</b> </p> <p>Chicken Tenders</p> <p>Cheese Tamale*</p>	<p><b>16</b> </p> <p>Orange Chicken + Rice</p> <p>Grilled Cheese Sandwich*</p>	<p><b>17</b></p> <p>Crispy Chicken Sandwich</p> <p>Bean &amp; Cheese Burrito*</p>	<p><b>18</b></p> <p>Garlex Pizza (pepperoni or cheese*) </p>	<p><b>19</b></p> <p><b>REMINDER NO SCHOOL</b></p>
<p>*= Vegetarian</p> <p>GF = contains no gluten</p> <p>We are not a GF facility. Products contain no gluten.</p> <p> = Plant-Based Protein</p>	<p><b>22</b></p> <p>←</p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p> <p>Let's GIVE THANKS</p>	<p><b>26</b></p> <p>→</p>
	<p><b>29</b></p> <p>Twin Chicken Hot Dogs</p> <p> Veggie Chili + Tortilla Chips* </p>	<p><b>30</b> </p> <p>Chicken Quesadilla</p> <p>Cheese Bosco Sticks*</p>	<p><b>Breakfast and Lunch is Free for All Students!</b></p>		<p>For students with medically diagnosed food allergies, there is a meal accommodation form on the PUSD website.</p>

This institution is an equal opportunity provider.