

NOVEMBER 2021



Elementary Menu



Breakfast Offered Daily

Milk 1% white or chocolate & fresh fruit.

Monday

Crumb Cake + Graham

Tuesday

Cereal + Graham

Wednesday

Cinnamon Roll

Thursday

Cereal + Graham

Friday

Chocolate Muffin

Free & Reduce lunch applications available at Pleasanton Unified Nutrition

| | MON | TUE | WED | THU | FRI |
|--|--|--|--|--|---|
| | 1 | 2 Orange Chicken + Rice Grilled Cheese Sandwich* | 3 Garlex Pizza (pepperoni or cheese*) | 4 Beef & Cheese Taquito Chicken Nuggets + Roll Veggie Nuggets + Roll* | 5 Crispy Chicken Sandwich Bean & Cheese Burrito* |
| This month's seasonal produce: Apples, pears, persimmons, pumpkin, kiwi, carrots, broccoli, sweet potatoes | 8 Twin Chicken Hot Dogs Veggie Chili + Tortilla Chips* | 9 Chicken Quesadilla Cheese Bosco Sticks* | 10 Garlex Pizza (pepperoni or cheese*) | 11 | 12 |
| All meals come with milk (1% white or fat free chocolate), fresh fruit, and veggies. | 15 Cookie Day Chicken Tenders Cheese Tamale* | 16 Orange Chicken + Rice Grilled Cheese Sandwich* | 17 Garlex Pizza (pepperoni or cheese*) | 18 Beef & Cheese Taquito Chicken Nuggets + Roll Veggie Nuggets + Roll* | 19 |
| *= Vegetarian GF = contains no gluten We are not a GF facility. Products contain no gluten. = Plant-Based Protein | 22 | 23 | 24 | 25 ~~~~~ Let's GIVE THANKS ~~~~~ | 26 |
| | 29 Twin Chicken Hot Dogs Veggie Chili + Tortilla Chips* | 30 Chicken Quesadilla Cheese Bosco Sticks* | Breakfast and Lunch is Free for All Students! | | For students with medically diagnosed food allergies, there is a meal accommodation form on the PUSD website. |