OCTOBER 2021

Elementary Menu





Free & reduce lunch applications available at Pleasanton Unified Nutrition

Breakfast Offered Daily

Milk 1% white or chocolate & fresh fruit.

Crumb Cake + Graham

Tuesday

Cereal + Graham

Wednesday

Blueberry Bagel

Thursday

Cereal + Graham

Friday

*= Vegeterian

GF = contains no gluten We are not a GF facility. Products contain no gluten.

MON



All meals come with milk (1% white or fat free chocolate), fresh fruit, and veggies.

TUE

For students with medically diagnosed food allergies, there is a meal accommodation form on the PUSD website.

WED

Breakfast and Lunch is free for all students!

Orange Chicken with Rice

Cheese Enchilada*

FRI

This month's seasonal produce:

Pleasanton Unified School District

Apples, pears, persimmons, pumpkin, kiwi, carrots, broccoli, sweet potatoes

Chicken & Waffles

Veggie Nuggets & Waffles*

Cheese Quesadilla*

Garlex Pizza (pepperoni or cheese*)

Cheeseburger

Veggie Burger*

Bean & Cheese Burrito*

Chicken Potstickers

Grilled Cheese Sandwich*

Crispy Chicken Sandwich

Monday

Chocolate Muffin

National School Lunch Week October 11 - 15



Chicken & Rice Burrito

> Breaded Ravioli + Bosco Stick*

Chicken & Waffles

Veggie Nuggets

Cheese Quesadilla*

& Waffles*

12

(pepperoni or cheese*

Garlex Pizza

Cookie Day

Chicken Nuggets

Cheese Bosco Sticks*

7

Beef & Cheese Soft Taco

Mac & Cheese*

15

Picnic Pack*

Orange Chicken with Rice

Cheese Enchilada*

Garlex Pizza Cheeseburger

20

Veggie Burger*

Bean & Cheese Burrito*

21

Chicken Potstickers

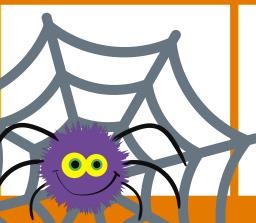
Grilled Cheese Sandwich*

22

Crispy Chicken Sandwich



Picnic Pack*



FAIRLANDS

25

18

Chicken & Rice Burrito

Breaded Ravioli + Bosco Stick*

26

19

Garlex Pizza (pepperoni or cheese*

(pepperoni or

cheese*

27 Cookie Day

Chicken Nuggets Cheese Bosco Sticks* 28

Beef & Cheese Soft Taco

Mac & Cheese*

29



Orange Chicken with Rice

Cheese Enchilada*

Meals subject to change without notice