







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 1 Mini Chicken Tacos or Cheesy Bread Sticks <i>Get Healthy Salad Bar</i>	2 Garlex Pizza Pepperoni Hawaiian Cheese*, Veggie* <i>Get Healthy Salad Bar</i>	3 Turkey or Beef Hot Dog or Macaroni & Cheese* <i>Get Healthy Salad Bar</i>	4 Crispy Chicken Sandwich or Nacho Bites* Raisels <i>Get Healthy Salad Bar</i>	
7 Meatloaf with Mashed Potatoes or Bean & Cheese Burrito* <i>Get Healthy Salad Bar</i>	8 Chicken Drumsticks with Potatoes Wedges or Quesadilla* <i>Get Healthy Salad Bar</i>	9  Garlex Pizza Pepperoni Hawaiian Cheese*, Veggie* <i>Get Healthy Salad Bar</i>	10 Orange Chicken with Rice or Nacho Cheese Chips* <i>Get Healthy Salad Bar</i>	11 Mini Cheese Burger Sliders or Marinara Shells* <i>Get Healthy Salad Bar</i>
14 Mini Corn Dog or Bean & Cheese Chalupa* <i>Get Healthy Salad Bar</i>	15 Chicken Tenders or Cheesy French Bread* <i>Get Healthy Salad Bar</i>	16 Garlex Pizza Pepperoni Hawaiian, Cheese, Veggie <i>Get Healthy Salad Bar</i>	17 Spaghetti & Meatballs or Zesty Chili & Corn Muffin <i>Get Healthy Salad Bar</i>	18 Cheeseburger or Vegetarian Lasagna* Frozen Yogurt <i>Get Healthy Salad Bar</i>
21 Snackalizers (Antibiotic free popcorn chicken) or Cheese Bread Stick* <i>Get Healthy Salad Bar</i>	22 Beef Taco Sticks or Cheese Tamales* <i>Get Healthy Salad Bar</i>	23  Garlex Pizza Pepperoni Hawaiian Cheese*, Veggie* <i>Get Healthy Salad Bar</i>	24 Teriyaki Chicken with Rice Grilled Cheese Sandwich* <i>Get Healthy Salad Bar</i>	25 <i>Johnny Pops</i> Chicken Burger Sandwich or Cheese Ravioli* <i>Get Healthy Salad Bar</i>
28  Memorial DAY	29 Mini Chicken Tacos or Cheesy Bread Sticks* <i>Get Healthy Salad Bar</i>	30 Spaghetti & Beef Meatballs or Bean & Cheese Burritos <i>Get Healthy Salad Bar</i>	31 Summer BBQ Cheeseburger, Beef or Turkey Hot Dogs or Veggie Burger* Baked Beans & Corn <i>Get Healthy Salad Bar</i>	1 Garlex Pizza Cheese & Pepperoni Pizza <i>Get Healthy Salad Bar</i>

Enjoy a Healthy Salad Bar

Whole Fresh Fruit or 1/2 cup chopped

At least one item from each USDA Vegetable Subgroups will be available to students everyday!

- Dark Green Vegetables (iron, vitamin C, lutein) = bok choy, broccoli, greens, green kale, parsley purple kale, romaine lettuce, spinach.
- Starchy Vegetables (potassium, magnesium, allacin) = cassava, corn, jicama, lima beans, plantains, potatoes, taro, water chestnuts.
- Red & Orange Vegetables (vitamin A, vitamin K, lycopenes) = carrots, red bell peppers, pumpkin, sweet potatoes, squash, tomatoes.
- Legumes or Beans (fiber, zinc, flavanoids) = black beans, garbanzo beans, kidney beans, lentils, navy beans, pinto, soy beans, white beans.
- Other Vegetables (vitamin A, Vitamin C, allacin) = beets, cabbage, cauliflower, celery, cucumbers, green beans, peppers, olives, radishes, zucchini.

Milk, 1% or Non-fat White, Non-fat Chocolate

Fuel up to Learn Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Muffins Seasonal Fruit and Juice Cold Cereal & Milk	Breakfast Burrito Seasonal Fruit and Juice Cold Cereal & Milk	Crumb Square* Seasonal Fruit and Juice Cold Cereal & Milk	Pancake on a Stick Seasonal Fruit and Juice Cold Cereal & Milk	Dutch Waffle* Seasonal Fruit and Juice Cold Cereal & Milk

****Celebrate May Birthdays on the 25th with a fun treat!****

***Other Vegetarian Options Available Daily at Lunch:**

- Grilled Cheese Sandwich
- WowButter & Jelly Sandwich
- Yogurt & Granola



BREAKFAST \$2.00: Includes whole grain-rich entree, fruit or 100% juice, and milk
LUNCH \$3.75: Includes whole grain-rich entree, salad bar, fruit, and milk
 A second milk may be purchased for \$0.50 or soy milk for \$1.00
 Bottled water may be purchased for \$0.50

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY