











MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Memorial Day	<b>1</b> Mini Chicken Tacos or Cheesy Bread Sticks <i>Get Healthy Salad Bar</i>	<b>2</b> Turkey or Beef Hot Dog or Macaroni & Cheese* <i>Get Healthy Salad Bar</i>	<b>3</b> Garlex Pizza Pepperoni Hawaiian Cheese*, Veggie*  <i>Get Healthy Salad Bar</i>	<b>4</b> Crispy Chicken Sandwich or Nacho Bites* Raisels <i>Get Healthy Salad Bar</i>
<b>7</b> Meatloaf with Mashed Potatoes or Bean & Cheese Burrito* <i>Get Healthy Salad Bar</i>	<b>8</b> Chicken Drumsticks with Potatoes Wedges or Quesadilla* <i>Get Healthy Salad Bar</i>	<b>9</b> Orange Chicken with Rice or Nacho Cheese Chips* <i>Get Healthy Salad Bar</i>	<b>10</b>  Garlex Pizza Pepperoni Hawaiian Cheese*, Veggie* <i>Get Healthy Salad Bar</i>	<b>11</b> Mini Cheese Burger Sliders or Marinara Shells <i>Get Healthy Salad Bar</i>
<b>14</b> Mini Corn Dog or Bean & Cheese Chalupa* <i>Get Healthy Salad Bar</i>	<b>15</b> Chicken Tenders or Cheesy French Bread* <i>Get Healthy Salad Bar</i>	<b>16</b> Spaghetti & Beef Meatballs or Zesty Chili & Corn Muffin* <i>Get Healthy Salad Bar</i>	<b>17</b> Garlex Pizza Pepperoni  Hawaiian, Cheese*, Veggie* <i>Get Healthy Salad Bar</i>	<b>18</b> Cheeseburger or Vegetarian Lasagna* Frozen Yogurt <i>Get Healthy Salad Bar</i>
<b>21</b> Snackalizers (Antibiotic free popcorn chicken) or Cheese Bread Stick* <i>Get Healthy Salad Bar</i>	<b>22</b> Beef Taco Sticks or Cheese Tamales* <i>Get Healthy Salad Bar</i>	<b>23</b> Teriyaki Chicken with Rice Grilled Cheese Sandwich* <i>Get Healthy Salad Bar</i>	<b>24</b>  Garlex Pizza Pepperoni Hawaiian Cheese*, Veggie* <i>Get Healthy Salad Bar</i>	<b>25</b> <i>Jonny Pops</i> Chicken Burger Sandwich or Cheese Ravioli  <i>Get Healthy Salad Bar</i>
<b>28</b>  Memorial DAY	<b>29</b> Mini Chicken Tacos or Cheesy Bread Sticks* <i>Get Healthy Salad Bar</i>	<b>30</b> Spaghetti & Beef Meatballs or Bean & Cheese Burritos <i>Get Healthy Salad Bar</i>	<b>31</b> <b>Summer BBQ</b> Cheeseburger, Beef or Turkey Hot Dogs or Veggie Burger* Baked Beans & Corn <i>Get Healthy Salad Bar</i>	<b>1</b> Garlex Pizza  Cheese* & Pepperoni Pizza <i>Get Healthy Salad Bar</i>

*Enjoy a Healthy Salad Bar*

Whole Fresh Fruit or 1/2 cup chopped

**At least one item from each USDA Vegetable Subgroups will be available to students everyday!**

Dark Green Vegetables (iron, vitamin C, lutein) = bok choy, broccoli, greens, green kale, parsley purple kale, romaine lettuce, spinach.

Starchy Vegetables (potassium, magnesium, allacin) = cassava, corn, jicama, lima beans, plantains, potatoes, taro, water chestnuts.

Red & Orange Vegetables (vitamin A, vitamin K, lycopenes) = carrots, red bell peppers, pumpkin, sweet potatoes, squash, tomatoes.

Legumes or Beans (fiber, zinc, flavanoids) = black beans, garbanzo beans, kidney beans, lentils, navy beans, pinto, soy beans, white beans.

Other Vegetables (vitamin A, Vitamin C, allacin) = beets, cabbage, cauliflower, celery, cucumbers, green beans, peppers, olives, radishes, zucchini.

Milk, 1% or Non-fat White, Non-fat Chocolate

**Fuel up to Learn Breakfast**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Assorted Muffins</b> Seasonal Fruit and Juice Cold Cereal & Milk	<b>Breakfast Burrito</b> Seasonal Fruit and Juice Cold Cereal & Milk	<b>Crumb Square*</b> Seasonal Fruit and Juice Cold Cereal & Milk	<b>Pancake on a Stick</b> Seasonal Fruit and Juice Cold Cereal & Milk	<b>Dutch Waffle*</b> Seasonal Fruit and Juice Cold Cereal & Milk

**\*Other Vegetarian Options Available Daily at Lunch:**

- Grilled Cheese Sandwich
- WowButter & Jelly Sandwich
- Yogurt & Granola



\*\*\*\*Celebrate May Birthdays on the 25th with a fun treat!!\*\*\*\*

**BREAKFAST \$2.00:** Includes whole grain-rich entree, fruit or 100% juice, and milk  
**LUNCH \$3.75:** Includes whole grain-rich entree, salad bar, fruit, and milk  
 A second milk may be purchased for \$0.50 or soy milk for \$1.00  
 Bottled water may be purchased for \$0.50

**MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY**