



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Cheeseburger Meatloaf Potatoes & Roll or Cheesy Breadsticks* with Marinara Sauce <i>Get Healthy Salad Bar</i>	10 Chicken Drumstick & Potato Wedges or Cheese Quesadilla* <i>Get Healthy Salad Bar</i>	11 Garlex Pizza Pepperoni Cheese Hawaiian Veggie*  <i>Get Healthy Salad Bar</i>	12 Orange Chicken & Rice or Nacho Cheese & Chips* <i>Get Healthy Salad Bar</i>	13 Mini Twin Burgers (beef) or Mini Cheese Raviolis* Raisels (Nature's Candy) <i>Get Healthy Salad Bar</i>
16 Chicken Mini Corn Dog or Marinara Cheesy Lasagna* <i>Get Healthy Salad Bar</i>	17 Mini Chicken Tacos or Baked Potato Bar* Doritos <i>Get Healthy Salad Bar</i>	18 Garlex Pizza Pepperoni Cheese Hawaiian & Veggie <i>Get Healthy Salad Bar</i> 	19 Turkey Hot Dog or Macaroni & Cheese* <i>Get Healthy Salad Bar</i>	20 Jonny Pops Cheese Omelet Crispy Potatoes*  or Crispy Chicken Sandwich <i>Get Healthy Salad Bar</i>
23 Snackatizers (Antibiotic Free Popcorn Chicken) or Bean & Cheese Burrito* <i>Get Healthy Salad Bar</i>	24 Teriyaki Chicken & Rice Cheese Tamale* <i>Get Healthy Salad Bar</i>	25 Garlex Pizza Pepperoni Cheese, Veggie* Hawaiian <i>Get Healthy Salad Bar</i> 	26 Beef Taco Stick or Grilled Cheese Sandwich* <i>Get Healthy Salad Bar</i>	27 Nacho Bites or Marinara Shells*  Birthday Frozen Yogurt <i>Get Healthy Salad Bar</i>
30 Chicken Tenders or Fish Sticks Chocolate Chip Cookie <i>Get Healthy Salad Bar</i>	1	2	3	4

Enjoy a Healthy Salad Bar

Fruit	Fruit	Fruit	Fruit	Fruit
Fresh Fruit or 1/2 cup	Fresh Fruit or 1/2 cup	Fresh Fruit or 1/2 cup	Fresh Fruit or 1/2 cup	Fresh Fruit or 1/2 cup

At least one item from each USDA Vegetable Subgroups will be available to students everyday!

- Dark Green Vegetables (iron, vitamin C, lutein) = bok choy, broccoli, greens, green kale, parsley purple kale, romaine lettuce, spinach.
- Starchy Vegetables (potassium, magnesium, allacin) = cassava, corn, jicama, lima beans, plantains, potatoes, taro, water chestnuts.
- Red & Orange Vegetables (vitamin A, vitamin K, lycopenes) = carrots, red bell peppers, pumpkin, sweet potatoes, squash, tomatoes.
- Legumes or Beans (fiber, zinc, flavanoids) = black beans, garbanzo beans, kidney beans, lentils, navy beans, pinto, soy beans, white beans.
- Other Vegetables (vitamin A, Vitamin C, allacin) = beets, cabbage, cauliflower, celery, cucumbers, green beans, peppers, olives, radishes, zucchini.

Milk

1% or Non-fat White, Non-fat Chocolate

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Muffins Seasonal Fruit and Juice Cold Cereal & Milk	Breakfast Burrito Seasonal Fruit and Juice Cold Cereal & Milk	Crumb Square* Seasonal Fruit and Juice Cold Cereal & Milk	French Toast Seasonal Fruit and Juice Cold Cereal & Milk	Dutch Waffle* Seasonal Fruit and Juice Cold Cereal & Milk

***Other Vegetarian Options Available Daily at Lunch:**

- Grilled Cheese Sandwich
- WowButter & Jelly Sandwich
- Yogurt & Granola



******Celebrate April Birthdays on the 20th with a fun treat!******

BREAKFAST \$2.00: Includes whole grain-rich entree, fruit or 100% juice, and milk
LUNCH \$3.75: Includes whole grain-rich entree, salad bar, fruit, and milk
 A second milk may be purchased for \$0.50 or soy milk for \$1.00
 Bottled water may be purchased for \$0.50

MENU SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY