

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast served at no charge.  
 1/2 pint milk served with each meal.  
 See [www.mcsnutrition.org](http://www.mcsnutrition.org) for nutrition information.



<p>13</p> <p>Whole Grain</p> <p>Turkey Sausage Breakfast Square</p> <p>Assorted Fresh Fruit</p>	<p>14</p> <p>Whole Grain</p> <p>Confetti Pancakes</p> <p>Assorted Fresh Fruit</p>	<p>15</p> <p>Whole Grain</p> <p>Chocolate Muffin</p> <p>Assorted Fresh Fruit</p> <p>Strawberry Yogurt</p>	<p>16</p> <p>Whole Grain</p> <p>Soft Filled Cinnamon Bar</p> <p>Assorted Fresh Fruit</p>	<p>17</p> <p>Whole Grain</p> <p>Apple Cinnamon Square</p> <p>Assorted Fresh Fruit</p> <p>Strawberry Yogurt</p>
	<p>21</p> <p>Whole Grain</p> <p>Turkey Sausage Breakfast Square</p> <p>Assorted Fresh Fruit</p>	<p>22</p> <p>Whole Grain</p> <p>Cinnamon Roll</p> <p>Assorted Fresh Fruit</p>	<p>23</p> <p>Whole Grain</p> <p>Chicken Sausage Sandwich</p> <p>Assorted Fresh Fruit</p> <p>Orange Juice</p>	<p>24</p> <p>Whole Grain</p> <p>Blueberry Square</p> <p>Assorted Fresh Fruit</p> <p>Strawberry Yogurt</p>
<p>27</p> <p>Whole Grain</p> <p>Pancakes w/ Blueberry Glaze</p> <p>Assorted Fresh Fruit</p>	<p>28</p> <p>Whole Grain</p> <p>Turkey Sausage Breakfast Square</p> <p>Assorted Fresh Fruit</p> <p>Orange Juice</p>	<p>29</p> <p>Whole Grain</p> <p>Chocolate Muffin</p> <p>Assorted Fresh Fruit</p> <p>Strawberry Yogurt</p>	<p>30</p> <p>Whole Grain</p> <p>Soft Filled Cinnamon Bar</p> <p>Assorted Fresh Fruit</p>	<p>31</p> <p>Whole Grain</p> <p>Apple Cinnamon Square</p> <p>Assorted Fresh Fruit</p> <p>Strawberry Yogurt</p>