


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Breakfast served at no charge.  
 1/2 pint milk served with each meal.  
 See [www.mcsnutrition.org](http://www.mcsnutrition.org) for nutrition information.



4 Whole Grain Pancakes w/ Blueberry Glaze Assorted Fresh Fruit	5 Whole Grain Turkey Sausage Breakfast Square Assorted Fresh Fruit	6 Whole Grain Cinnamon Roll Assorted Fresh Fruit	7 Chicken Sausage on a Whole Grain Breakfast Roll Orange Juice Assorted Fresh Fruit	8 Whole Grain Harvest Pumpkin Square Strawberry Yogurt Assorted Fresh Fruit
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 12 Whole Grain Turkey Sausage Breakfast Square Assorted Fresh Fruit	13 Whole Grain Chocolate Muffin Strawberry Yogurt Assorted Fresh Fruit	14 Whole Grain Soft Filled Cinnamon Bar Assorted Fresh Fruit	15 Whole Grain Apple Cinnamon Square Strawberry Yogurt Assorted Fresh Fruit
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18 Whole Grain Confetti Pancakes Assorted Fresh Fruit	19 Whole Grain Turkey Sausage Breakfast Square Assorted Fresh Fruit	20 Biscuit w/ Boysenberry Preserves Assorted Fresh Fruit	21 Chicken Sausage on a Whole Grain Breakfast Roll Orange Juice Assorted Fresh Fruit	22 Whole Grain Harvest Pumpkin Square Strawberry Yogurt Assorted Fresh Fruit
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25 Whole Grain French Toast Sticks Assorted Fresh Fruit	26 Whole Grain Turkey Sausage Breakfast Square Assorted Fresh Fruit	27 Whole Grain Pancakes w/ Cinnamon Glaze Assorted Fresh Fruit	
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