

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
--------	---------	-----------	----------	--------

Breakfast served at no charge.
 1/2 pint milk served with each meal.
 See www.mcsnutrition.org for nutrition information.

	<p>3</p> <p>Whole Grain</p> <p>Sausage Breakfast Square</p> <p>Assorted Fresh Fruit</p>	<p>4</p> <p>Whole Grain</p> <p>Chocolate Muffin</p> <p>Strawberry Yogurt</p> <p>Assorted Fresh Fruit</p>	<p>5</p> <p>Chicken Sausage</p> <p>on a Whole Grain Breakfast Roll</p> <p>Assorted Fresh Fruit</p> <p>Orange Juice</p>	<p>6</p> <p>Whole Grain</p> <p>Apple Cinnamon Square</p> <p>Strawberry Yogurt</p> <p>Assorted Fresh Fruit</p>
<p>9</p> <p>Whole Grain</p> <p>Pancakes w/ Blueberry Glaze</p> <p>Assorted Fresh Fruit</p>	<p>10</p> <p>Whole Grain</p> <p>Sausage Breakfast Square</p> <p>Assorted Fresh Fruit</p> <p>Orange Juice</p>	<p>11</p> <p>Whole Grain</p> <p>Cinnamon Roll</p> <p>Assorted Fresh Fruit</p>	<p>12</p> <p>Whole Grain</p> <p>Soft Filled Cinnamon Bar</p> <p>Assorted Fresh Fruit</p>	<p>13</p> <p>Whole Grain</p> <p>Blueberry Square</p> <p>Strawberry Yogurt</p> <p>Assorted Fresh Fruit</p>
<p>16</p> <p>Whole Grain</p> <p>Confetti Pancakes</p> <p>Assorted Fresh Fruit</p>	<p>17</p> <p>Whole Grain</p> <p>Sausage Breakfast Square</p> <p>Assorted Fresh Fruit</p>	<p>18</p> <p>Whole Grain</p> <p>Chocolate Muffin</p> <p>Strawberry Yogurt</p> <p>Assorted Fresh Fruit</p>	<p>19</p> <p>Chicken Sausage</p> <p>on a Whole Grain Breakfast Roll</p> <p>Assorted Fresh Fruit</p> <p>Orange Juice</p>	<p>20</p> <p>Whole Grain</p> <p>Apple Cinnamon Square</p> <p>Strawberry Yogurt</p> <p>Assorted Fresh Fruit</p>
<p>23</p> <p>Whole Grain</p> <p>French Toast Sticks</p> <p>Assorted Fresh Fruit</p>	<p>24</p> <p>Whole Grain</p> <p>Sausage Breakfast Square</p> <p>Assorted Fresh Fruit</p> <p>Orange Juice</p>	<p>25</p> <p>Whole Grain</p> <p>Cinnamon Roll</p> <p>Assorted Fresh Fruit</p>	<p>26</p> <p>Whole Grain</p> <p>Soft Filled Cinnamon Bar</p> <p>Assorted Fresh Fruit</p>	<p>27</p> <p>Whole Grain</p> <p>Blueberry Square</p> <p>Strawberry Yogurt</p> <p>Assorted Fresh Fruit</p>
<p>30</p> <p>Whole Grain</p> <p>Pancakes w/ Cinnamon Glaze</p> <p>Assorted Fresh Fruit</p>				