February 2019		Elliott Breakfast	MODES	TO CITY SCHOOLS
MÖNDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Prices	1/	2 pint milk served with each mea	al .	Energy Island has a variety of
Breakfast served at no	Menu subject to change without notice.			fruits and vegetables available
				_
charge	See mcsnutrition.org for nutrition information.			with ranch dressing for dipping.
		<u> </u>		1 Whole Grain
				Block and Course
				Blueberry Square
		$\Box \Box $		V
				Yogurt, Fresh Fruit
			•	X-Ray Vision Carrots
4	5	6	7	8
Whole Grain	Whole Grain	Whole Grain	Chicken Sausage on a	Whole Grain
Cinnamon Pancakes	Sausage Breakfast Square	Chocolate Muffin	Whole Grain Breakfast Roll	Apple Cinnamon Square
Fresh Fruit	Fresh Fruit	Yogurt, Fresh Fruit	Fresh Fruit, Orange Juice	Yogurt, Fresh Fruit
Y Pay Vision Correte	X-Ray Vision Carrots	V Boy Vision Correte	X-Ray Vision Carrots	X-Ray Vision Carrots
X-Ray Vision Carrots	-	X-Ray Vision Carrots	-	
11	12	13	14	15
	Whole Grain	Whole Grain	Whole Grain	Whole Grain
Presidente	Sausage Breakfast Square	Oatmeal Chocolate Chip Muffin	Mini Cinnis	Blueberry Square
President's				
Das	Fresh Fruit, Orange Juice	Yogurt, Fresh Fruit	Fresh Fruit	Yogurt, Fresh Fruit
<u>e</u>	X-Ray Vision Carrots	X-Ray Vision Carrots	X-Ray Vision Carrots	X-Ray Vision Carrots
	-	-	-	
18	19	20	21	22
	Whole Grain	Whole Grain	Chicken Sausage on a	Whole Grain
	Sausage Breakfast Square	Chocolate Muffin	Whole Grain Breakfast Roll	Apple Cinnamon Square
	Fresh Fruit	Vacuus Frank Fruit	Freeh Fruit Orenne Ivies	Vanuat Frank Fruit
ATL STORY	Fresh Fruit	Yogurt, Fresh Fruit	Fresh Fruit, Orange Juice	Yogurt, Fresh Fruit
	X-Ray Vision Carrots	X-Ray Vision Carrots	X-Ray Vision Carrots	X-Ray Vision Carrots
25	26	27	28	
Whole Grain	Whole Grain	Whole Grain	Whole Grain	
				C Co
Confetti Pancakes	Sausage Breakfast Square	Oatmeal Chocolate Chip Muffin	Mini Cinnis	
Fresh Fruit	Fresh Fruit, Orange Juice	Yogurt, Fresh Fruit	Fresh Fruit	
1 10311 1 tutt	ricon riant, Orange Juice	rogart, ricon riant	i iesii i iuit	
X-Ray Vision Carrots	X-Ray Vision Carrots	X-Ray Vision Carrots	X-Ray Vision Carrots	
1/2 pint milk served with each meal. Menu subject to change.				