





**November 2018**

**Transitions Breakfast**

**MODESTO CITY SCHOOLS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Meal Prices</b> <b>Breakfast served at no charge</b></p>	<p>1/2 pint milk served with each meal. Menu subject to change without notice. See <a href="http://mcsnutrition.org">mcsnutrition.org</a> for nutrition information.</p>			<p><i>Energy Island has a variety of fruits and vegetables available with ranch dressing for dipping.</i></p>
			<p>1</p> <p>Chicken Sausage on a Whole Grain Breakfast Roll</p> <p>Fresh Fruit, Orange Juice</p> <p>X-Ray Vision Carrots</p>	<p>2</p> <p>Whole Grain Pumpkin Square</p> <p>Yogurt, Fresh Fruit</p> <p>X-Ray Vision Carrots</p>
<p>5</p> <p>Whole Grain French Toast Sticks</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>6</p> <p>Whole Grain Sausage Breakfast Square</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>7</p> <p>Whole Grain Chocolate Muffin</p> <p>Yogurt, Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>8</p> <p>Chicken Sausage on a Whole Grain Breakfast Roll</p> <p>Fresh Fruit, Orange Juice</p> <p>X-Ray Vision Carrots</p>	<p>9</p> <p>Whole Grain Apple Cinnamon Square</p> <p>Yogurt, Fresh Fruit</p> <p>X-Ray Vision Carrots</p>
	<p>13</p> <p>Whole Grain Sausage Breakfast Square</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>14</p> <p>Whole Grain Cinnamon Roll</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>15</p> <p>Chicken Sausage on a Whole Grain Breakfast Roll</p> <p>Fresh Fruit, Orange Juice</p> <p>X-Ray Vision Carrots</p>	<p>16</p> <p>Whole Grain Pumpkin Square</p> <p>Yogurt, Fresh Fruit</p> <p>X-Ray Vision Carrots</p>
<p>19</p> <p>Whole Grain Pancakes w/ Blueberry Glaze</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>20</p> <p>Whole Grain Sausage Breakfast Square</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>21</p> <p>Whole Grain Strawberry Breakfast Bar</p> <p>Yogurt, Fresh Fruit</p> <p>X-Ray Vision Carrots</p>		
<p>26</p> <p>Whole Grain Confetti Pancakes</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>27</p> <p>Whole Grain Sausage Breakfast Square</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>28</p> <p>Whole Grain Cinnamon Roll</p> <p>Fresh Fruit</p> <p>X-Ray Vision Carrots</p>	<p>29</p> <p>Chicken Sausage on a Whole Grain Breakfast Roll</p> <p>Fresh Fruit, Orange Juice</p> <p>X-Ray Vision Carrots</p>	<p>30</p> <p>Whole Grain Pumpkin Square</p> <p>Yogurt, Fresh Fruit</p> <p>X-Ray Vision Carrots</p>

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This institution is an equal opportunity provider