





November 2018

Elliott Breakfast

MODESTO CITY SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meal Prices Breakfast served at no charge</p>	<p>1/2 pint milk served with each meal. Menu subject to change without notice. See mcsnutrition.org for nutrition information.</p>			<p><i>Energy Island has a variety of fruits and vegetables available with ranch dressing for dipping.</i></p>
			<p>1 Chicken Sausage on a Whole Grain Breakfast Roll Fresh Fruit, Orange Juice X-Ray Vision Carrots</p>	<p>2 Whole Grain Pumpkin Square Yogurt, Fresh Fruit X-Ray Vision Carrots</p>
<p>5 Whole Grain French Toast Sticks Fresh Fruit X-Ray Vision Carrots</p>	<p>6 Whole Grain Sausage Breakfast Square Fresh Fruit X-Ray Vision Carrots</p>	<p>7 Whole Grain Chocolate Muffin Yogurt, Fresh Fruit X-Ray Vision Carrots</p>	<p>8 Chicken Sausage on a Whole Grain Breakfast Roll Fresh Fruit, Orange Juice X-Ray Vision Carrots</p>	<p>9 Whole Grain Apple Cinnamon Square Yogurt, Fresh Fruit X-Ray Vision Carrots</p>
	<p>13 Whole Grain Sausage Breakfast Square Fresh Fruit X-Ray Vision Carrots</p>	<p>14 Whole Grain Cinnamon Roll Fresh Fruit X-Ray Vision Carrots</p>	<p>15 Chicken Sausage on a Whole Grain Breakfast Roll Fresh Fruit, Orange Juice X-Ray Vision Carrots</p>	<p>16 Whole Grain Pumpkin Square Yogurt, Fresh Fruit X-Ray Vision Carrots</p>
<p>19 Whole Grain Pancakes w/ Blueberry Glaze Fresh Fruit X-Ray Vision Carrots</p>	<p>20 Whole Grain Sausage Breakfast Square Fresh Fruit X-Ray Vision Carrots</p>	<p>21 Whole Grain Strawberry Breakfast Bar Yogurt, Fresh Fruit X-Ray Vision Carrots</p>		
<p>26 Whole Grain Confetti Pancakes Fresh Fruit X-Ray Vision Carrots</p>	<p>27 Whole Grain Sausage Breakfast Square Fresh Fruit X-Ray Vision Carrots</p>	<p>28 Whole Grain Cinnamon Roll Fresh Fruit X-Ray Vision Carrots</p>	<p>29 Chicken Sausage on a Whole Grain Breakfast Roll Fresh Fruit, Orange Juice X-Ray Vision Carrots</p>	<p>30 Whole Grain Pumpkin Square Yogurt, Fresh Fruit X-Ray Vision Carrots</p>

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This institution is an equal opportunity provider